

## **KENDAL** MOUNTAIN LITERATURE **FESTIVAL**

PRESENTED AS PART OF KENDAL MOUNTAIN FEST 15 - 18 NOVEMBER 2018

**EXPLORING CREATIVITY AND CONNECTION** IN LANDSCAPE, NATURE, PEOPLE AND PLACE

SPONSORED BY











PRESENTED BY





## WELCOME TO KENDAL MOUNTAIN LITERATURE FESTIVAL 2018

This year's Festival theme is 'connection', and within our literature and arts offering we are diving into nature connection. We want to bring out the tangible; the everyday practices that keep us rooted and adventurous. We believe that nature connection enables the kind of mindset to think innovatively, it encourages big picture down to small detail awareness; what's changing around us, and how do we fit in? To communicate with nature and landscape in a way that forces us to inhabit the present.

We are lucky at Kendal to host authors who write from a dramatic range of environments. Hear from those whose back door might be a glacier, a desert, an Icelandic shoreline, a Lakeland fell. How does a Himalayan climber connect with his father - a canal boat tiler, despite their very different daily environments? Our surroundings may be miles apart, but our findings and imaginings both connect us and challenge us.

We invite you to join us for the 2018 Kendal Literature and Arts Festival, a place to explore new connections to ideas, words and wanderings within nature that you might never had considered.

Book tickets at mountainfest.co.uk



## A WORD FROM OUR PATRON ROBERT MACFARLANE

More than 50% of species in Britain are in decline. We have lost approaching half our wildlife in half a century. There are over sixty birds on the RSPB "red list", including curlews, skylarks, cuckoos and lapwings.

Nature is slipping fast from our lives and landscapes. We can change this - but we need hope and belief to help us. *Hope* that change is possible, even in dark times. *Belief* that our connection with the natural world is more than a luxury; that it is vital to our hearts, lives and health, and to the species with which we share the world. *Hope* that the stories we tell can shape the future, politically as well as emotionally, for the better. *Belief* that coming together in communities and groups – connecting across gulfs of experience and time – is a force for good.

At one of the most divided moments in the modern history of these islands, this Festival celebrates and proves the vital values of "connection" – between people, cultures, places and species.

#### THE LITERATURE FESTIVAL TEAM



## **PAUL SCULLY**Festival Manager & Literature Programming

Nineteen years ago on the banks of the River Frome, Paul spent the morning swimming with, and listening to, the great Roger Deakin talk about his book - Waterlog. It began a passionate journey exploring nature writing, landscape, interconnection and place. He hopes audiences will be inspired and will ask themselves about their own connection to nature.



#### HENRY IDDON

Arts and Culture Officer
A bookshelf of adventure
books in Henry's home
sparked a curiosity for
mountain and adventure
travel that has seen him ski,
climb, cycle and hike around
the world. His photographic
practice reflects a curiosity to
find new ways to explore the
mountain world visually.
Henry introduces a broad
range of writers and topics to
the Literature Festival, from
road cycling to mountain arts.



#### **CLAIRE CARTER**

Artistic Director

Claire discovered climbing whilst on the UEA Creative Writing MA, and this sparked her excitement for the challenge of communicating kinaesthetic experience in wilderness. Claire has experimented with artistic collaboration and film as well as words, and so is thrilled to help build the Literature Festival as a multi-medium platform, which imagines and reimagines our relationship with place.



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Image left: Pam Williamson – 36 ways to see Scafell Pike (from Crinkle Crags ) Image right: The Great Gift of Freedom – The Fellowship Choir © Paul Harris **SPEAKERS** 2018 **SPEAKERS** 2018



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**AILEEN HARVEY** The Shape of a Place p24



**ALASTAIR HUMPHREYS** Children's Literature p35 This Girl Did p22



**ALEX JAKOB-WHITWORTH** 



**ANNA MCNUFF** 50 Shades Of The USA p15 Waymaking p29



**CAMERON MCNEISH** There's Always The Hills p32



**SIR CHRIS BONINGTON** The Great Gift p28



**CHRISTOPHER DONALDSON** Travels in Cumbria p20



**DAVID LONG** Children's Literature p34



**DOUG SCOTT** Boardman Tasker p8



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**MARIA COFFEY** Waymaking *p29* 



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**NADIR KHAN** Extreme Scotland p10



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**NICK BULLOCK** Tides p21 Boardman Tasker p8



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YVONNE REDDICK **Translating Mountains** p19





## THE BOARDMAN TASKER AWARD FOR MOUNTAIN LITERATURE

THE BT SHORTLISTED AUTHORS EVENT

1 – 5.45pm | Friday 16 November The Malt Room, Brewery Arts Centre | Tickets £12.50

Established in 1983 to commemorate the lives of Peter Boardman and Joe Tasker, the Boardman Tasker Charitable Trust celebrates their legacy by presenting the annual Award for Mountain Literature, presented to the author of an original work, which has made an outstanding contribution to mountain literature. Who will be the 35th winner of the coveted Boardman Tasker Award?

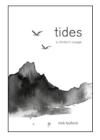
The shortlisted books are 'Tides: A Climber's Voyage' by Nick Bullock, 'The Eight Mountains' by Paolo Cognettie, 'The Flying Mountain' by Christoph Ransmayr, 'Limits of the Known' by David Roberts, 'The Ogre' by Doug Scott, 'Honouring High Places' by Junko Tabei and 'Kinder Scout' by Ed Douglas and John Beatty.

The confirmed authors attending are Doug Scott, Nick Bullock, Ed Douglas, Helen Rolfe and the translator of 'The Flying Mountain' Simon Pare.

The Boardman Tasker Shortlisted Authors Event afternoon is hosted by Stephen Venables. Stephen will chat with shortlisted authors and will include readings from the authors. This will be followed by the Chair of Judges announcing the 2018 winner.

This year there were 38 books submitted from eight different countries and the Judges are; Peter Gillman (Chair) along with Catherine Moorehead and Roger Hubank.

#### THE SHORTLIST



## Tides: A Climber's Voyage Nick Bullock

An enlightening memoir by an accomplished writer and climber that provides a window into the nature of extreme climbing now and over the past thirty years.



### The Eight Mountains Paolo Cognetti

A widely praised novel by an Italian author that details the intriguing friendship between a mountain cow herder and a city boy from Milan, played out over three decades in the Dolomites.



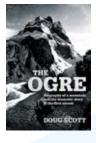
#### The Flying Mountain Christoph Ransmayr

A second work of fiction, audaciously told in blank verse by Austrian author Christoph Ransmayr, that follows the journey of two brothers from southwest Ireland as they pursue a quest for an unnamed mountain in Tibet.



#### Limits Of The Known

David Roberts
An enthralling
examination – part
history, part memoir –
of the motivations of
mountaineers and other
explorers, related by
veteran US author and
climber David Roberts



# The Ogre: Biography of a Mountain and the Dramatic Story of the First Ascent Doug Scott

The long awaited full account of the epic accident and rescue on the Ogre in the Karakorum in 1977, together with an enlightening history of the exploration of the mountain.



#### Honouring High Places: The Mountain Life of Junko Tabei Junko Tabei & Helen Y. Rolfe

A revealing biography of the life of the first woman to climb both Mount Everest and the Seven Summits, based on her memoirs and completed by Canadian writer Helen Rolfe.



#### Kinder Scout: The People's Mountain Ed Douglas And John Beatty

An evocative celebration of a much-loved mountain, presented by a partnership between two of Britain's finest mountain writers and photographers.

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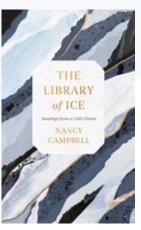
## EXTREME SCOTLAND NADIR KHAN

#### 7 – 8.30pm | Friday 16 November Brewery Arts Centre Malt Room | Tickets £10

'Extreme Scotland' is a photographic journey of Scottish adventure sports through the lens of Nadir Khan. Scotland is one of the most diverse extreme sports locations in the world and packs well above its weight. For the past six years Nadir has been photographing some of the best athletes in the world that test their mettle against the walls, rivers and skylines of this beautiful country. The resulting book shows the beautiful, the brutal, the immense and the majestic landscapes that form the backdrop for stunning collection of images.

Nadir talks about the motivation behind the book and the practicalities of photographing in the sometimes extreme conditions of Scotland, he also talks about the emotional ups and downs of working on such a big project.

This presentation is a feast for those that love adventure, for those that love photography and for those wish to understand what it takes to get great images in the outdoors.



## THE LIBRARY OF ICE NANCY CAMPBELL

#### 9.30 – 11am | Saturday 17 November Brewery Arts Centre Malt Room | Tickets £10

Long captivated by the solid yet impermanent nature of ice, by its stark, rugged beauty, acclaimed poet and writer Nancy Campbell sets out from the world's northernmost museum to explore it in all its facets. From the Bodleian Library archives to the traces left by the great polar expeditions, from remote Arctic settlements to the ice houses of Calcutta, she examines the impact of ice on our lives at a time when it is itself under threat from climate change.

'The Library of Ice' is a fascinating and beautifully rendered evocation of the interplay of people and their environment on a fragile planet, and of a writer's quest to define the value of her work in a disappearing landscape.

Nancy Campbell writes poetry, art criticism and narrative non-fiction. She is currently working with the Canal & River Trust and The Poetry Society as the UK's Canal Laureate.

"A FINE STORYTELLER WITH A RARE PHYSICAL INTELLIGENCE.

THE EXTRAORDINARY BRILLIANCE OF HER EYE CONFERS THE READER
A TOTAL IMMERSION IN THE RIMY REALMS SHE EXPLORES."

DAN RICHARDS, AUTHOR OF CLIMBING DAYS





## THIS PLACE I KNOW: A NEW ANTHOLOGY OF CUMBRIAN POETRY

KIM MOORE, POLLY ATKIN, KATE DAVIS, JONATHAN HUMBLE & PAULINE YARWOOD

11.30am – 1pm | Saturday 17 November Brewery Arts Centre Malt Room | Tickets £10

'This Place I Know: A New Anthology of Cumbrian Poetry', brings together a contrasting collection of voices in recognition of the great and continuing tradition of Lake District poetry.

The poems are inspired by the particular effect that Cumbrian people and places have on the imagination. Contributors include some of the region's best known poets, including Helen Mort and Jacob Polley as well as a number of young, less well recognised and previously unpublished writers.

This is an exciting vibrant anthology which captures and awakens the spirit of Cumbria in a way that only poetry can do.

"THIS EVOCATIVE, COLOURFUL COLLECTION SHOULD INSPIRE ANYONE WHO DOESN'T YET KNOW THE COUNTY TO EXPLORE CUMBRIA'S UNIQUE CULTURE AND LANDSCAPES." FIONA SAMPSON



Main image: Louise Wilson's 'The Gathering'

Above: 'Treefold' by Rob and Harriet Fraser

## PERFORMING MOUNTAINS: HOW DO ARTISTS TOUCH THE VOID?

PROFESSOR JONATHAN PITCHES

11.30am – 1pm | Saturday 17 November Abbot Hall Social Centre | Tickets £10

Film and literature have always been wedded to the mountains but what about the other arts?

How have theatre makers, land artists and scenographers interpreted mountains, using the impact of live performance on an audience? What does an artist see in the mountains that the rest of us don't and how do they reach out to us to share their visions?

This panel of contemporary theatre and arts practitioners, chaired by author of Performing Mountains and Leeds University Professor, Jonathan Pitches, sets out to answer those questions in discussion with internationally renowned playwright, David Greig (Touching the Void and Pyrenees) artists Rob and Harriet Fraser (somewherenowhere) and designer and theatre maker Dr Louise Ann Wilson (The Gathering/Yr Helfa).

"MOUNTAINS' HAVE A SURPRISING AND ENDURING RELATIONSHIP WITH LIVE PERFORMANCE – THROUGH MOUNTAIN PLAYS, RITUALS AND CONTEMPORARY PERFORMANCES AROUND THE WORLD" PROFESSOR JONATHAN PITCHES







### YETI: AN ABOMINABLE HISTORY GRAHAM HOYLAND

1.30 – 3pm | Saturday 17 November
Brewery Arts Centre Malt Room | Tickets £10

Graham Hoyland, the climber who was responsible for finding the body of George Mallory on Mount Everest, has been on another quest. On an expedition to the remote Himalayan kingdom of Bhutan he found and filmed footprints of the mythical Yeti in a part of the country which has never before been visited by Western explorers.

In a lost valley near the unclimbed mountain Gangkar Punsum, Graham Hoyland believes he was stalked by the mysterious Yeti, a beast so unspeakably powerful that locals says it can kill a yak with one savage blow of its fist.

Hoyland hears tales of the Yeti from Sherpas who report that they are impossible to track. He explores the literary hinterland behind the legend and hunts for the Yeti's American cousin Bigfoot, the Loch Ness monster and her African relative Mokele-Mbmebe.

What leads mankind to the belief in monsters, and what happens when we are confronted with the brutal creatures of our nightmares?

"A TOWERING WORK FULL OF TWISTS AND TURNS."
THE INDEPENDENT



#### 50 SHADES OF THE USA ANNA MACNUFF

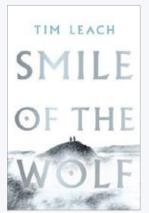
1.30 – 3pm | Saturday 17 November Abbot Hall Social Centre | Tickets £10

Disillusioned with corporate London life and with no previous experience as a long-distance cyclist, Anna decides to clamber atop a beautiful pink bicycle (named Boudica) and set out on an 11,000-mile journey on her own, through each and every state of the USA. Dodging floods, blizzards and electrical storms, she pedals side by side with mustangs of the Wild West, through towering redwood forests, past the snow-capped peaks of the Rocky Mountains and on to the volcanos of Hawaii.

Along the way, she meets record-breaking grandmas, sings with Al Green at a gospel service and does her best to avoid becoming a grizzly bear's dinner. '50 Shades of the USA' is a down-to-earth, heartfelt and hilarious account of an adventure through a country well-known, but far less well-understood. It is a stunning tale of self-discovery told through the eyes of a woman who couldn't help but wonder if there was more to life, and more to America too.

"AT THIS TIME WHEN WE WONDER SO MUCH ABOUT THE DIRECTION IN WHICH THE USA IS GOING, ANNA SHOWS US...THAT IT IS ORDINARY PEOPLE WHO MAKE A COUNTRY GREAT – BY OPENING THEIR HEARTS AND HOMES TO AN ENGLISH STRANGER, WHOSE PRESENCE IN THEIR MIDST ENRICHES THEIR LIVES TOO." AMAZON REVIEW





## THE SMILE OF THE WOLF

#### 1.30 – 3pm | Saturday 17 November Kendal Town Hall, The Georgian Room | Tickets £10

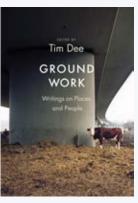
The myths and legends of the past are not just tales of gods and heroes – they are the stories of places and landscapes, too, where every mountain, river, and island has its own saga to tell.

In this talk and Q&A, historical fiction writer Tim Leach, whose previous work draws on the mythic worlds of Ancient Greece and medieval Iceland, will explore the relationship between historic and present landscapes, past heroes and modern adventurers, and the themes of personal quest, fellowship, and risk.

Set in the harsh landscape of 10th century Iceland in a world of ice and snow, 'Smile of the Wolf' is an epic story of exile and revenge, of duels and betrayals, and two friends struggling to survive in a desolate landscape, where honour is the only code that men abide by.

'Smile of the Wolf' has been described as, "an epic story of exile and revenge" by The Sheffield Telegraph, and was named 'Book of the Month' in The Times.

"LIKE A MEDIEVAL TAPESTRY, THE STORYTELLING IS RICH WITH IMAGERY.
READERS WILL BE LURED SPELLBOUND INTO THIS LYRICAL AND
EVOCATIVE ICELANDIC SAGA." DAVID GILMAN







## **GROUNDWORK & LANDFILL** TIM DEE

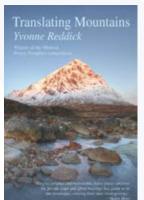
#### 3.30 – 5pm | Saturday 17 November The Malt Room, Brewery Arts Centre | Tickets £10

A groundbreaking new book from the author of 'The Running Sky' and 'Four Fields'; 'Landfill' confronts our waste-making species through the extraordinary and fascinating life of gulls, and the people who watch them. Original, compelling and unflinching, it is the nature book for our times. Tim delivers a wonderful, wise meditation on the birds that are often regarded as pests.

In 'Ground Work' Tim has brought together a wondrous array of writers in this anthology of nature writing. We are living in the anthropocene – an epoch where everything is being determined by the activities of just one soft-skinned, warm-blooded, short-lived, pedestrian species. How best to make our way through the ruins that we have made? This anthology of commissioned work tries to answer this as it explores new and enduring cultural landscapes, in a celebration of local distinctiveness that includes new work from some of our finest writers.

"DEE, WHO HAS THE EYES OF A BIRDWATCHER, THE EARS OF A RADIO PRODUCER AND THE SOUL OF A POET, HAS GATHERED... THIS WONDERFUL ANTHOLOGY." MICHAEL KERR, DAILY TELEGRAPH





### TRANSLATING MOUNTAINS YVONNE REDDICK

#### 3.30 – 5pm | Saturday 17 November Abbot Hall Social Centre | Tickets £10

'Translating Mountains' tells the story of Yvonne Reddick's love of hiking, her father's death in the Highlands, and her determination to continue hillwalking in his memory. These poems explore risk, obsession and grief, but they also take us on an uplifting journey towards healing. 'Translating Mountains' won the Mslexia Magazine women's poetry pamphlet prize and was a favourite pamphlet of 2017 in the Times Literary Supplement.

Yvonne Reddick lectures in Creative Writing at the University of Central Lancashire. She has completed classic treks and scrambles such as the Tour du Mont Blanc and the Black Cuillin. Her poetry about mountains has won a Northern Writer's Award, a commendation in the National Poetry Competition, the Poetry Society's Peggy Poole Award, and a Creative Futures Literary Award.

"ELEGIAC, ORIGINAL AND MEMORABLE, THESE POEMS UNCOVER THE PRIVATE MAPS AND GHOST-BEARINGS THAT GUIDE US IN THE MOUNTAINS, CREATING THEIR OWN VIVID GEOLOGY."

HELEN MORT

#### NATURE CONNECTION: FINDING WORDS IN WORDLESS WORLDS PANEL DISCUSSION

#### 5.30 – 7pm | Saturday 17 November Brewery Arts Centre Malt Room | Tickets £10

What is so important about the embodied experience in nature? About going out there into the wilds; in this space were we feel language in our bodies, and coming back to share our stories?

The authorship and readership of outdoor literature has exploded over the past few years. The connection that language can form between nature, and body and mind, between wild and return, between you and me seems now as rich as it did to the Romantics, whether expressed in award winning books or on Twitter and Instagram. New words are coined and lost ones rediscovered as we redefine nature connection, form new communities.

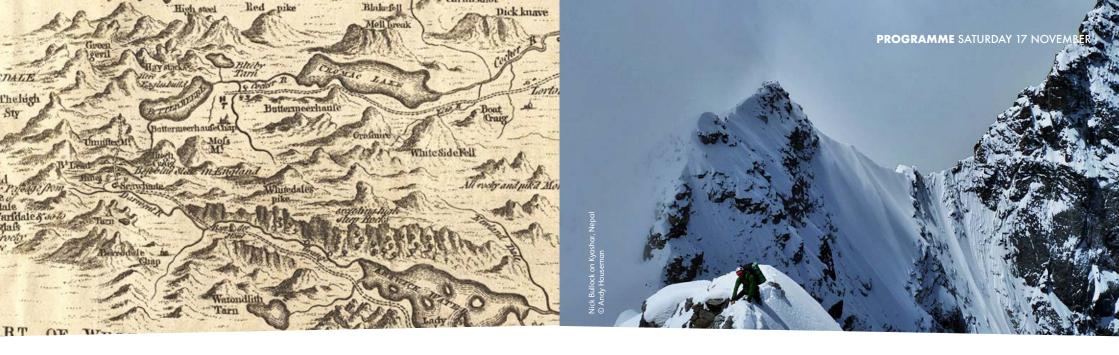
Join our Artistic Director, Claire Carter, in discussion with the following panellists:

**Abi Andrews** studied English and Creative Writing at Goldsmiths University, and her work has been published in The Dark Mountain Project, Tender, and The Bohemyth amongst others.

**Jay Armstrong** is the Founder, creative director and contributing editor of Elementum Journal – a publication that explores our place in the natural world – in which folklore sits alongside scientific findings and visual narratives carry as much weight as written stories.

**Tim Dee** is a naturalist, BBC radio producer and author. He has worked as a BBC radio producer for over twenty years. 'The Running Sky', a memoir of his birdwatching life, was published to great acclaim, as was 'Four Fields'.

**Natasha Carthew** has been published previously as a poet and young adult writer. She lives in Cornwall and spends most of her time writing outdoors in all weathers. Her identity as a country writer has led her to become a survival expert, a trained walking-guide and to teach Wild Writing workshops.





Main image: The map appeared in the Gentleman's Magazine in 1751, accompanying an article by George Smith about the black lead mines in Borrowdale.

Above: Skiddaw, taken near Castle Crag, by William Green.

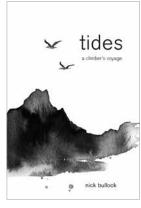
## TRAVELS & TOURS IN CUMBRIA BEFORE THE DISCOVERY OF 'THE LAKES' CHRISTOPHER DONALDSON & IAN GREGORY

5.30 – 7pm | Saturday 17 November

Abbot Hall Social Centre | Tickets £10

Did you know that one of the first recorded climbs of Langdale Pikes was made by a disabled veteran? Or that it was once customary for fashionable ladies to ascend Skiddaw on sidesaddle?

In this session we'll explore some of the sensational stories and curious facts about early travellers in Cumberland and Westmorland from the period before the lakes became the Lakes. We'll also spend some time considering how the accounts of early travellers map onto the terrain of the region. In the process we'll reflect on how people's perceptions of the fells changed with the passage of time. We'll also have the chance to think about the continuing relevance of the accounts of early travellers in the present day.



#### TIDES: A CLIMBER'S VOYAGE NICK BULLOCK

7.30 – 9pm | Saturday 17 November Brewery Arts Centre Malt Room | Tickets £10

Nick Bullock is a climber who lives in a small green van, flitting between Llanberis, Wales, and Chamonix in the French Alps. Now retired from the strain of work as a prison officer, Nick is free to climb. A lot. 'Tides' is a treasury of his antics and adventures with some of the world's leading climbers, including Steve House, Kenton Cool and Nico Favresse.

Join us to hear about Nick and his partners as they push the limits on some of the world's most serious routes: The Bells! The Bells! on Gogarth's North Stack Wall and the Slovak Direct on Denali, among countless others.

Nick's life can be equated to the rhythm of the sea. At high tide, he climbs, he loves it, he laughs and jokes, scares himself, falls, gets back up and climbs some more. Then the tide goes out and he finds himself alone, exposed, all questions and no answers. Only when the tide turns is he able to forget once more.

"YOU DON'T NEED TO BE A FULL-TIME CLIMBER OR REPEATING TOP-LEVEL ALPINE ROUTES TO SEE A LITTLE BIT OF YOURSELF AND YOU OWN LIFE IN BULLOCK'S BOOK, WHICH ULTIMATELY MAKES IT EASY TO RELATE TO, AND EASY TO ENJOY."

DAVE PARRY, THE PROJECT MAGAZINE

#### **PROGRAMME** SUNDAY 18 NOVEMBER







Dorothy Wordsworth silhouette © Dove Cottage, Wordsworth Trust, Grasmere

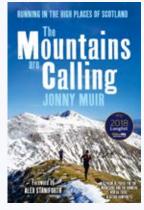
# THIS GIRL DID: DOROTHY WORDSWORTH AND WOMEN'S MOUNTAINEERING JOANNA TAYLOR, ALEX JAKOB-WHITWORTH AND LOUISE-ANN WILSON

9.30 – 11am | Saturday 17 November Brewery Arts Centre Theatre | Tickets £10

200 years ago, on October 7 1818, Dorothy Wordsworth and her friend Mary Barker climbed England's highest peak: Scafell Pike. Dorothy's account of the feat is among the earliest surviving accounts of the feat, and was a pioneering event in the history of women's mountaineering.

At this event, we will premiere a short film created as part of the project This Girl Did: Dorothy Wordsworth and Women's Mountaineering by the award-winning filmmakers Jago Miller, Richard Berry and Ben Barden, in collaboration with Cumbria-based artist Alex Jakob-Whitworth, the Wordsworth Trust and academics from Lancaster University. The film interweaves a performance piece by Jakob-Whitworth that reimagines Dorothy's ascent of Scafell with details from Dorothy's account of the excursion and research on Scafell Pike's cultural history.

Alongside the film première, this event will feature talks by Joanna Taylor (University of Manchester) on the history of Dorothy's climb, and Alex Jakob-Whitworth and Louise-Ann Wilson on their creative responses to Dorothy Wordsworth's legacies for walking practices.



## THE MOUNTAINS ARE CALLING JONNY MUIR

10.30am – 12pm | Sunday 18 November Brewery Arts Centre Malt Room | Tickets £10

Jonny Muir was a nine-year-old boy when the silhouette of a runner in the glow of sunset on the Malvern Hills caught his eye. A fascination for running in high places was born – a fascination that would direct him to Scotland. Running and racing, Jonny became the mountainside silhouette that first inspired him.

His exploits inevitably led to Scotland's supreme test of hill running: Ramsay's Round, a daunting 60-mile circuit of twenty-four mountains, climbing the equivalent height of Mount Everest and culminating on Ben Nevis, within twenty-four hours.

While Ramsay's Round demands extraordinary endurance, the challenge is underpinned by simplicity and tradition, in a sport largely untainted by commercialism. 'The Mountains are Calling' is the story of that sport in Scotland, charting its evolution over half a century, heralding its characters and the culture that has grown around them, ultimately capturing the irresistible appeal of running in high places.

"A PASSIONATE APPRECIATION OF THOSE WILD PLACES THAT...BECOME THE ARENAS FOR THESE REMARKABLE ATHLETES. ARENAS WITHOUT A CHEERING CROWD AND ATHLETES WHO COMPETE FOR THE SHEER AND UTTER JOY OF IT." CAMERON MCNEISH





Main image: Berneray 000005062010, from the series West from here.

Above: Descending Order (Kirkaig) VII

## THE SHAPE OF A PLACE: WALKING, ART AND THE LANDSCAPE AILEEN HARVEY

#### 10.30am – 12pm | Sunday 18 November Abbot Hall Social Centre | Tickets £10

Aileen Harvey is an artist whose work focuses on the experience of place. She uses photography, drawing and writing to engage with landscapes, especially the mountains of northwest Scotland. She will be talking about the importance of walking to her practice, based upon the way it places us in the landscape and shapes our perceptions.

Her work aims to draw out the specific qualities of a particular place at a particular time, and walking is a part of this, bringing movement and the subjective experience of a particular human body.

Aileen will also discuss the non-visual aspects of images, and how drawings and photographs can be alike. Her work borrows from the landscape – sometimes materials such as pigments, stones or drawing sticks, or else systems, hierarchies and patterns. She is interested in how people and places form one another.



## OUR PLACE: CAN WE SAVE BRITAIN'S WILDLIFE BEFORE IT'S TOO LATE?

MARK COCKER

12.30 – 2pm | Sunday 18 November Brewery Arts Centre Malt Room | Tickets £10

A radical examination of Britain's relationship with the land, by one of our greatest nature writers.

Environmental thought and politics have become parts of mainstream cultural life in Britain. The wish to protect wildlife is now a central goal for our society, but where did these 'green' ideas come from? And who created the cherished institutions, such as the National Trust or the RSPB, that are now so embedded in public life with millions of members?

From the flatlands of Norfolk to the tundra-like expanse of the Flow Country in northern Scotland, acclaimed writer and naturalist Mark Cocker sets out on a personal quest through the British countryside to find the answers to these questions.

"THUNDERINGLY NECESSARY... COCKER ON THIS KIND OF FORM –
ELOQUENT, PRACTICAL, DOGGED AND WISE – IS THE SORT OF
DYNAMIC CHIVVYING FORCE [CONSERVATION] WILL ALWAYS NEED..."
RICHARD SMYTH, NEW STATESMAN







#### Main image: 'Burbage Valley' from The Seven Wonders (Phase 2), Paul Evans 2012, graphite on paper. © Paul Evans 2012

Above: Paul Evans and Mark Goodwin performing 'Paint :: Poetry :: Rock :: Motion' at the Performing Mountains Symposium, School of Performance and Cultural Industries, University of Leeds, March 2018. © Brian Lewis

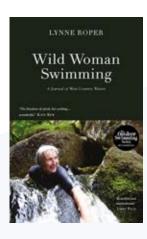
## ENTWINED LINES: ART AND CLIMBING MARK GOODWIN AND PAUL EVANS

### 12.30 – 2pm | Sunday 18 November The Abbot Hall Social Centre | Tickets £10

Artist Paul Evans and poet Mark Goodwin will explore climbing and art as entwined forms of movement, through an in-the-moment combination of poetry and drawing. Mark will speak poems whilst Paul – responding directly to the rhythms of the words – draws onto a large spread of paper, with charcoal and pigment. This developing performance is still very much in the realms of live improvisation, something that reflects much of what climbing is about. Paul and Mark will be pleased to receive questions about such improvisation after the drawing is complete.

This session will also include a vibrantly illustrated presentation on how landscape has inspired the work of both poet and artist.

"WHEN WE PREVIEWED OUR COLLABORATION AT THE PERFORMING MOUNTAINS SYMPOSIUM, I HAD NO REHEARSAL. SO FOR ME IT HAD, THEREFORE, SOMETHING OF THE QUALITIES OF AN ON-SIGHT ASCENT." PAUL EVANS



#### WILD WOMAN SWIMMING TANYA SHADRICK

#### 1 – 2.30pm | Sunday 18 November Kendal Town Hall Bindloss Room | Tickets £10

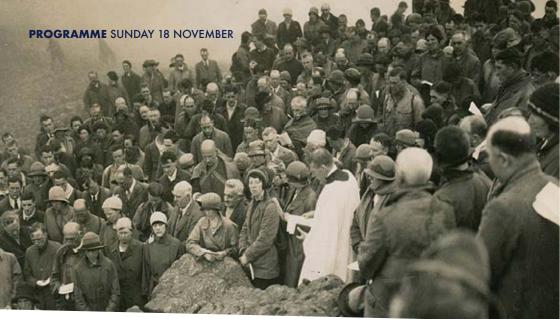
Join Tanya to discover the life and writing of the late Lynne Roper, a visionary wild swimmer whose diaries are a celebration of the close-knit communities that form wherever strangers meet to swim together.

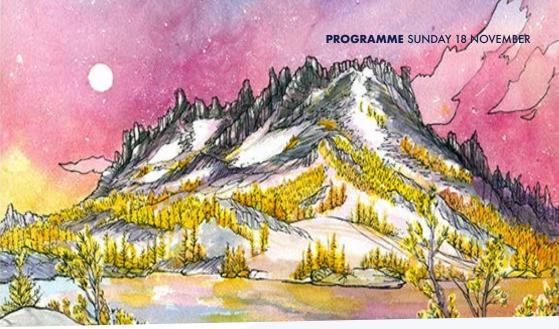
A Devon paramedic, Lynne began swimming outdoors while recovering from a double mastectomy. Warm, funny and fearless, she was soon at the heart of The Outdoor Swimming Society, inspiring others to swim wild, 'read water' and take educated risks as she did. For five years, until a brain tumour made swimming and writing impossibly hard, Lynne recorded her adventures in over sixty wild waters across Dartmoor and the Devon/Cornwall coasts.

The book has an extraordinary backstory: shortly before her death – on just a single meeting – Lynne entrusted her diaries to writer and artist Tanya Shadrick for posthumous print publication. Two years later, this book keeps the promise Tanya made that day.

By turns lyrical and adrenalin-fuelled, solitary and communal, this is a book for outdoor swimmers, nature lovers and all who prize the wild and free.

"THE FREEDOM OF SPIRIT, HER WRITING...WONDERFUL"
KATE REW, THE OUTDOOR SWIMMING SOCIETY







Main image: National Trust Dedication Ceremony © Fell and Rock Climbing Club

Above: The Fellowship Choir led by musical director Dave Camlin © North News Pictures

#### THE GREAT GIFT OF FREEDOM

2 – 3.30pm | Sunday 18 November Kendal Leisure Centre Tickets £15 | £5 for under 18s (£2 goes to 'Fix the Fells' charity)

Amid the carnage of the First World War, the Fell & Rock Climbing Club lost 20 of its members. This was a grievous blow and a decision was made by surviving members to raise funds, purchase land and gift 12 Lakeland summits to the nation as a War Memorial; an amazing gesture completed in 1923.

In this centenary year the National Trust was keen to develop ways of commemorating the War Memorial gift, so this summer a choir of 60 singers climbed all twelve peaks to perform a specially commissioned song.

In partnership with the Fell & Rock Climbing Club and the National Trust, Kendal Mountain Festival presents a unique event. Hosted by Paul Rose, fresh from his BBC series about The Lakes, the War Memorial story will be told by Dr Jonathan Westaway from the University of Central Lancashire. There will be contributions from FRCC members Sir Chris Bonington, and Richard Hargreaves, greatnephew of Geoffrey Winthrop Young. Plus the choir will perform on stage, led by Dr Dave Camlin. We'll also hear from the National Trust rangers who restored the Scafell Pike summit cairn, camping and working in all weathers.

Join us at this very special session to commemorate 100 years after the end of the First World War to remember those who lost their lives in battle.



#### **WAYMAKING** \*OFFICIAL BOOK LAUNCH\*

#### 2.30 – 4pm | Sunday 18 November Kendal Town Hall | Tickets £10

Kendal Mountain Festival is thrilled to host the UK launch of this highly anticipated anthology of prose, poetry and artwork by women who are inspired by wild places, adventure and landscape.

Waymaking aims to continue the legacies of Gwen Moffat's 'Space Below My Feet' and Nan Shepherd's 'The Living Mountain' which set a precedent for women writing about wilderness that isn't about conquering landscapes, but instead about living and breathing alongside them, becoming part of a larger adventure.

The contributors of this inspired collection include award-winning author Bernadette McDonald, world-leading climber Hazel Findlay, adventurers Sarah Outen and Anna McNuff and edited by award-winning poet Helen Mort; Kendal Mountain Festival's Artistic Director, Claire Carter; Heather Dawe, one of the UK's leading endurance athletes; and Camilla Barnard from Vertebrate Publishing.

Join us for a dynamic event hosted by editors Heather Dawe, Claire Carter and Camilla Barnard with readings from contributors Maria Coffey, Gevi Carver, Polly Atkins, Joanna Croston and Anna MacNuff amongst others.

"A TRULY MAGICAL BOOK...DIP IN AT RANDOM AND EXPECT TO BE ENCHANTED AND INSPIRED." MADELEINE BUNTING





#### HIGHER CALLING MAX LEONARD

#### 2.30 – 4pm | Sunday 18 November Abbot Hall Social Centre | Tickets £10

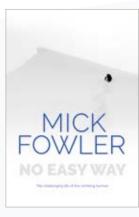
Why do road cyclists go to the mountains? What is it about the high peaks that inspires us and why do we love something so hard?

Max Leonard's 'Higher Calling' is an exploration of the central place of mountains in the folklore of road cycling, the mystique that surrounds climbers and why amateurs feel compelled to follow them.

What do we see and feel when riding in the mountains? What do they take, and what do they give back? And why are there even roads there in the first place?

Interweaving adventure, travel and nature writing with the rich history of the Grand Tours and the riders who conquered the iconic cols, Max Leonard drives snowploughs, tends to sheep, breaks into bunkers and encounters stories of courage and sacrifice, war, obsession and elephants along the way.

"BEAUTIFULLY WRITTEN AND MULTI-FACETED, ELEGANTLY RANGING FROM THE PERSONAL TO THE HISTORICAL TO THE GEOGRAPHIC AND EVEN TO THE MACABRE. AN EXPLORATION OF AN OBSESSION THAT BRINGS US CLOSER TO THE WORLD OF MOUNTAINEERING THAN CYCLING AT MANY POINTS." PEZ CYCLING NEWS



## **NO EASY WAY**MICK FOWLER

#### 2.30 – 4pm | Sunday 18 November Brewery Arts Centre Theatre | Tickets £10

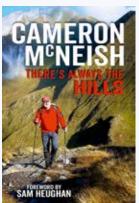
Mainstream news reports about climbing are dominated by action from the world's highest mountains, more often than not focusing on tragedy and controversy. Far removed from this high-altitude circus, a group of visionary and specialist mountaineers are seeking out eye-catching objectives in the most remote corners of the greater ranges and attempting first ascents in lightweight style.

Mick Fowler is the master of the small and remote Himalayan expedition. He has been at the forefront of this pioneering approach to alpinism for over thirty years, attempting mountains that may never have been seen before by Westerners, let alone climbed by them.

Join us as Mick recounts a series of expeditions to stunning mountains in China, India, Nepal and Tibet. Alongside partners including Paul Ramsden, Andy Cave and Victor Saunders, he attempts striking, technically challenging unclimbed lines on Shiva, Gave Ding and Mugu Chuli – with a number of ascents winning prestigious Piolets d'Or.

"EVERY GENERATION HAS A CLIMBER THAT SETS STANDARDS – MICK FOWLER IS ONE OF THOSE PEOPLE." KENTON COOL





## THERE'S ALWAYS THE HILLS CAMERON MONEISH

4.30 – 6pm | Sunday 18 November Brewery Arts Centre Malt Room | Tickets £10

Award-winning mountaineering writer and television presenter Cameron McNeish reflects on a life dedicated to mountaineering, hill-walking and long distance backpacking.

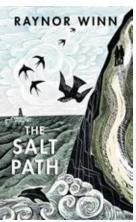
Following his career as an international long jumper he has for over forty years written, edited magazines and presented television programmes about walking and climbing, meeting some of the greatest characters of the mountaineering world.

A prolific author, he has also led numerous treks to the Greater Ranges of the world and was editor of The Great Outdoors Magazine for over 20 years.

Cameron candidly recalls the ups and downs of a full life in this best-selling autobiography, 'There's Always the Hills'.

"THERE'S ALWAYS THE HILLS FLOWS LIKE A FRIENDLY CONVERSATION, SHARED OVER THREE OR FOUR SINGLE MALTS, AND DEVELOPS INTO AN ENGAGING TALE."

THE GREAT OUTDOORS MAGAZINE



#### THE SALT PATH RAYNOR WINN

4.30 – 6pm | Sunday 18 November Abbot Hall Social Centre | Tickets £10

Just days after Raynor learns that Moth, her husband of 32 years is terminally ill, the couple lose their home and their livelihood. With nothing left and little time, they make the brave and impulsive decision to walk the 630 miles of the sea-swept South West Coast Path, from Somerset to Dorset, via Devon and Cornwall.

They have almost no money for food or shelter and must carry only the essentials for survival on their backs as they live wild in the ancient, weathered landscape of cliffs, sea and sky. Yet through every step, every encounter, and every test along the way, their walk becomes a remarkable journey.

'The Salt Path' is an unflinchingly honest, inspiring and life-affirming true story of coming to terms with grief and the healing power of the natural world. Ultimately, it is a portrayal of home, and how it can be lost, rebuilt, and rediscovered in the most unexpected ways.

"THE SALT PATH IS A LIFE-AFFIRMING TALE OF ENDURING LOVE THAT SMELLS OF THE SEA AND TASTES OF A RICH LIFE."

JACKIE MORRIS

# THE CHILDREN'S LITERATURE FESTIVAL



From picture books to novels, stories can help build empathy and understanding of the world around us. We are proud to introduce a literature programme for young people to Kendal, featuring six inspiring authors suitable for ages six to fourteen.

#### WHEN THE MOUNTAINS ROARED JESS BUTTERWORTH

12 – 1pm | Saturday 17 November
Town Hall Bindloss Room | Tickets £5

A vivid, warm and atmospheric adventure set in the mountains of India, about a girl who is determined to protect the wild leopards of the mountain from poachers.

Ever since her mum died, Ruby has been afraid. Of cars. Of the dark. Of going to sleep and never waking up. But then the last remaining leopards of the mountain are threatened and everything changes. Ruby vows to do all she can to protect them – if she can only overcome her fears...





#### THE BEETLE BOY TRILOGY MG LEONARD

1.30 – 2.30pm | Saturday 17 November Town Hall Bindloss Room | Tickets £5

A darkly hilarious adventure full of exotic beetles, daring schemes, and true friendship.

Thirteen-year-old Darkus Cuttle's search for his kidnapped father leads him to discover a mountain of extraordinary beetles, and pits him against the mad-scientist of the fashion world, Lucretia Cutter, an haute couture villainess with an alarming interest in insects.

#### HEROES: INCREDIBLE TRUE STORIES OF COURAGEOUS ANIMALS

DAVID LONG (AUTHOR OF 'SURVIVORS', WINNER OF THE BLUE PETER BOOK OF THE YEAR)

3 – 4pm | Saturday 17 November Town Hall Bindloss Room | Tickets £5

Courageous dogs, cats, birds, horses, and even a bear have shown courage and devotion, and this book tells you their extraordinary stories. Including the story of Jet the Alsatian who became a hero of the Blitz, pulling survivors from burning rubble. Gallipoli Murphy, the donkey who served as an ambulance. Simon, the cat who saved his crew.

"A new book by David Long is always something to cherish." Londonist





#### **GREAT ADVENTURERS** ALASTAIR HUMPHREYS

4.30 – 5pm | Saturday 17 November Town Hall Bindloss Room | Tickets £5

Alastair shares the incredible journeys undertaken by twenty of the most heroic and impressive explorers who ever lived, including Ibn Battuta (14th-century explorer); Apsley Cherry-Garrard (a member of Scott's Antarctic expedition); Michael Collins (Apollo Moon mission astronaut) and Nellie Bly (who travelled round the world in less than 80 days). These explorers crossed land, sea and sky in the name of adventure and may just inspire readers to do the same.

#### **ARMISTICE RUNNER** TOM PALMER

12.30 – 1.30pm | Sunday 18 November Town Hall Bindloss Room | Tickets £5

Lily has lots of worries. She's struggling to compete in her fell-running races and, worse, she's losing her gran to Alzheimer's.

But then she discovers her great-great-grandfather's diaries from the First World War. Could his incredible story of bravery help her reconnect with her gran and even give her the inspiration she needs to push through and win?



#### THE EVEREST FILES MATT DICKINSON

2 – 3pm | Sunday 18 November
Town Hall Bindloss Room | Tickets £5

A thrilling journey to the dark side of Everest.

In the deepest Himalaya a story is spreading like wildfire. The story of an Everest expedition unlike any other. An expedition that ended with mysterious disappearances...and death. This is the mystery that 18-year-old Ryan Hart sets out to solve.

What emerges is a shocking tale of lies, betrayal and obsession. All played out on the lethal slopes of the highest mountain in the world.



#### **PROGRAMME** CHILDREN'S LITERATURE



#### **DISCOVERY SESSIONS FOR SCHOOLS**

Friday 16 November at Kendal Leisure Centre

Following the success of last year's expanded **Kendal for Schools** sessions, we are delighted to once again offer free access for local schools.

This will be an amazing opportunity to hear from real life adventurers and explorers including science presenter Huw James and author Alastair Humphreys. Robert Macfarlane will be presenting from his beautiful spell book for the natural world, 'The Lost Words', and there will also be an exciting selection of adventure films to be enjoyed!

It promises to be a fun, engaging and interesting event for teachers and students alike! If you would like your school to be involved please contact <code>janie@mountainfest.co.uk</code>

## ALFRED WAINWRIGHT'S MOUNTAIN GUIDES FREE SESSIONS FOR FAMILIES

Saturday 17 November at Kendal Library
One hour sessions at 9:45am, 11:15am, 1:45pm & 3:00pm

In this 60 minute interactive session for families, explore how Alfred Wainwright produced his guidebooks.

You can create your own Wainwright illustrations too!

Sessions at Kendal Library, Stricklandgate, Kendal, LA9 4PY.

Tickets are free, but need to be booked via the Brewery Arts Centre website. Children under 8 must be accompanied by a responsible person. These family sessions are provided by Cumbria Archive Service and Kendal Library.

## THE SHERPA CHILDRENS BOOK COLLECTION

In Nepal many children grow up in remote mountain villages, deprived of basic education. Our mission is to help the next generation find their way to a brighter future.

At this year's Kendal Mountain Festival you can find us in the Basecamp Village at the Brewery Arts Centre where we will be collecting much needed children's reading books (primary school level) to fill the shelves of the library at the Shree Ganesh Primary School, Kathmandu.

For further information about Sherpa Adventure Gear visit **www.sherpaadventuregear.com** 

DONATE CHILDREN'S BOOKS AT THE SHERPA STAND IN THE BASECAMP VILLAGE!







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#### ART AT KENDAL MOUNTAIN FESTIVAL



Art remains an integral part of Kendal Mountain Festival and we have worked closely with the Brewery Arts Centre to curate a diverse range of artwork from talented local and national artists. Dive in and enjoy each artist's contribution to the 'Outdoor' genre and their personal celebration of landscape, nature and place.

#### **BREWERY ARTS CENTRE**



Going to Loch Coruisk by Jenny McLaren



Work by Jane Rushton

## JENNY MCLAREN TRACING CONTOURS

#### **Warehouse Cafe**

Jenny says, "I am not so much a mountaineer, although I love being on the mountains, as a wanderer of the in between places. I choose paths that will take me through the passes, routes that let me see the shape of the mountain from a distance and from various directions. Walking is as important to my art practice as the actual touching paint to paper is." The work in 'Tracing Contours' will be a painted diary of selected walks taken over the 5 months leading up to the exhibition.

## JANE RUSHTON BREATHING SPACES

#### **Sugar Store Gallery**

Jane will be showing paintings and mixed media works that reflects on an immersion in the landscape and environment of northern locations including the Highlands of Scotland where she lives, Greenland and Svalbard.

Whether responding to the infinitesimal relationships that occur between elements, or taking a very large overview, these artworks are about noticing, paying attention, valuing, and sharing.

## KENDAL MOUNTAIN FESTIVAL PHOTOGRAPHY COMPETITON

#### Intro Bar

The 2018 Photography Competition – is presented by Osprey.

Now in its 11th year, this prestigious competition has cemented a reputation for discovering new talent and celebrating some of the most captivating imagery from the world of outdoor adventure.

Our panel of distinguished judges will select the images which stand out from the crowd. Strong composition, distinctive style, a contemporary feel and an innovative approach all play a part in the final selection.

Last year, the winners took us soaring above the clouds, exploring the deepest caves and left us mesmerised by the majestic Northern Lights.

Henry Iddon, KMF Arts Officer and professional photographer, says: "Still images have always played an important part in sharing peoples' experiences of the outdoors. This year we're excited to see how photographers will interpret our new categories."



This year the categories are:

#### Mountain Landscapes

Supported by The John Muir Trust

Adventure in the Outdoors Supported by Tribe Urban Adventure Supported by Stance

For the Love of Water Supported by Finisterre

Mountain Culture Supported by Julbo

Your View of the Lake District (Smartphone)
Supported by the Lake District National Park

#### **Climb - Youth Category**

Supported by the University of Cumbria

See the shortlisted photos in our exhibition at the Brewery Arts Centre Intro Bar over the Festival weekend. The winners will be announced at the Awards Ceremony on Saturday at 9.30pm. The Grand Prize winner will walk away with a £500 cash prize, with £200 awarded to each of the winners of each category. In addition, sponsor prizes will be given to all winners and runners-up.

To enter visit **mountainfest.co.uk**. Entries close on 2 November 2018.



### **ARTSPACE** AT THE FACTORY, KENDAL

#### **WAYMAKERS**

ARTSPACE at The Factory, Aynam Road, Kendal LA9 7DE

16-18 November 10-4pm



Main image: 'Meteorograph'
by Pam Williamson

Above: '36 ways to see Scafell Pike - from Dale Head' by Pam Williamson

An exhibition of work by Pam Williamson and other invited contributors to 'Waymaking: an anthology of women's adventure writing, poetry and art' (see the book launch event on p29).

An artist living and working in the Lake District, Pam Williamson faces daily the challenge of creating fresh responses to a much loved and recorded environment. So she walks, responding in drawings, words and later in paint, to the experiences of a day, a moment or an atmosphere. Her passion for mountains and wilderness has taken her, sketchbook ever in hand, throughout Britain, and to the Alps, the Pyrenees, the Himalayas, even the Falklands.

She says: "To know mountains you have to live among them, be in them in all weathers, in all moods, in all seasons. It's an intensely personal experience which I try to interpret with total artistic integrity. I want my viewers in some way to smell the air, feel the brush of the wind, and the rocks beneath the feet.'

Her work evolves as series: recently in paint The Pass Book (exploring ancient high routes between Cumbrian valleys), Moses Trod (a myth-strewn route linking central and western Lakeland) and 36 Ways to see Scafell Pike (a homage to the Japanese artist Hokusai's obsession with another iconic mountain). She also creates mixed media installations.

This retrospective exhibition reflects the rich variety of her work.

#### **HEATON COOPER STUDIO GALLERY**

## **MOUNTAIN OF DESTINY:** KANCHENJUNGA 1929

Heaton Cooper Studio Gallery, Grasmere, Cumbria, LA22 9SX Opens 15th November 2018 www.heatoncooper.co.uk

See photographs from the 1929 German Kanchenjunga Expedition presented to E. O. Shebbeare (private collection) and paintings of Kanchenjunga by the landscape artist Julian Cooper.

In 1929 Germany launched its first Himalayan mountaineering expedition under the leadership of Paul Bauer. Its goals were explicitly nationalistic. But if the expedition's goal was to establish German mountaineers on the world stage it also brought them into contact for the first time with the multi-ethnic world of the Himalayas.

The photographs taken by Bauer and his colleagues Julius Brenner and Dr. Eugen Allwein all exhibit a strong ethnographic sensibility, sensitive to the ethnic diversity of Sikkim and the region. Sherpa and Bhotia high-altitude workers are accorded special attention. One remarkable photograph features the expedition cook Tenchaddar, seated outside a tent, praying in the



Lotus position. The sublimity of this image is underlined by the fact that, all too often, Western mountaineers ignored and belittled the indigenous religious practices of the expeditionary labour force they relied on.

What marks these images out as unique is that they were annotated by E. O. Shebbeare, the British transport officer on the 1929 Kanchenjunga Expedition who was able to name most of the Sherpas featured in the photographs, preserving for us their individuality and unique identity. These images capture a unique moment in German Himalayan mountaineering before the German and Austrian mountaineering organizations became subsumed into the Nazi Reich

### **BOOKING INFORMATION**

You can book tickets online, over the phone or in person:

**Online** Select events at mountainfest.co.uk Booking is completed at breweryarts.co.uk

**Call** 01539 725133

**Visit** Brewery Arts Centre Box Office 122A Highgate, Kendal LA9 4HE

#### **Box Office Opening Hours**

Prior to the Festival: Sunday to Wednesday 12 – 8pm Thursday – Saturday 12 – 8:30pm

Over the Festival Friday 16 – Sunday 18 November): 9am - 8pm

#### **REFUNDS**

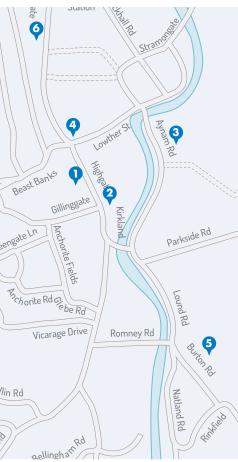
Tickets cannot be exchanged nor money refunded unless an event is cancelled or substantially changed. Where demand is high for sold-out events, we may take tickets back for resale at our discretion – tickets must be returned to the Box Office and, if resold. refunds will be made to the original payment method.

#### **EVENT WAITING LISTS**

If an event has sold out, please contact the Box Office to be added to the waiting list.

#### **VENUES**

- Brewery Arts Centre
- 2 Abbot Hall Social Centre
- 3 The Factory
- 4 Kendal Town Hall
- 6 Kendal Leisure Centre
- 6 Kendal Library



#### **PLEASE NOTE:**

All details are correct at time of print. Please check the website for the most up to date information.



#### THE BOOKSHOP

Find our brilliant Festival Bookshop in the grounds of the Brewery Arts Centre. We will be stocking all of the authors books as well as a range of childrens books, guide books, outdoor journals and magazines, and more...

There will also be books available for purchase and signing after each book event.

#### **THANK YOU**

**Sponsors** 





























Venues

Brewery Arts Centre, Kendal Town Hall, Kendal Library, Abbot Hall Social Centre, Artspace at The Factory, Heaton Cooper Gallery.



