Buffering effect of suspended particulate matter on Phosphorus cycling during transport from rivers to lakes

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21 Abstract

22 How to maintain harmful algal blooms under phosphate-limitation is still an open question in mesotrophic/eutrophic lakes. Little evidence for the importance of 23 24 suspended particulate matter (SPM) in mediating phosphorus cycling and contributing 25 to eutrophication has been generated for aquatic ecosystems, especially in coupled river-lake systems. In this study, we examined phosphorus transport and redistribution 26 in a river-lake system in the Lake Erhai basin by establishing the relations between 27 phosphorus distribution and phosphorus sorption behavior on SPM, and predicted how 28 quality and quantity changes in SPM might influence phosphorus cycling by laboratory 29 30 experiments and modeling. During the wet seasons, TP pool shifted from being dominated by total dissolved phosphorus (TDP) in the Miju River and estuary regions 31 $(73\pm5\%)$ to being dominated by total particulate phosphorus (TPP) $(74\pm11\%)$ in Lake 32 Erhai. The detritus-SPM in the Miju River as a P-sink and phytoplankton-SPM in Lake 33 Erhai as a P-source buffered TDP levels during the wet seasons, which attributed to P 34 activity and phytoplankton-POC of SPM. Increasing SPM concentrations could 35 36 enhance the P-buffering. When $C_0 \le 5 \mu mol/L$ and phytoplankton-SPM $\ge 16 mg/L$, P release increased by 50%-300%; when $C_0 \ge 5 \mu mol/L$ and detritus-SPM $\ge 16 mg/L$, P 37 removal could exceed 30%. This study highlights two distinctive roles of SPM in 38 regulating P cycling during transport from rivers to lakes. Especially the phytoplankton-39 SPM to buffer phosphate-limitation during algal blooms should not be ignored, which 40 could provide theoretical references for the mechanism of continued algal blooms in 41 mesotrophic lakes. 42

Keywords: Particulate phosphorus; Eutrophication; Suspended particulate matter;
Phosphorus partition; Buffering

45 **1. Introduction**

Phosphorus (P) is an essential element for organisms and limits primary 46 productivity in most freshwater systems, and understanding P cycling in aquatic 47 systems is important to prevent eutrophication (Conley et al., 2009). In many eutrophic 48 lakes, dissolved inorganic P (DIP), the almost 100% bioavailability, gradually declines 49 during the peak algal bloom period (Reinhard et al., 2017), even below the limit of 50 detection (Björkman and Karl, 2003; Ji et al., 2017), and total particulate phosphorus 51 (TPP) dominates TP pool, such as more than 60% in Lakes Erie, Huron, Taihu and 52 53 Dianchi (Lin and Guo, 2016; Xu et al., 2010; Wang et al., 2015). Studies have also shown that more than 80% of the fluvial flux of P to lakes may be associated with 54 suspended particulate matter (SPM) (Baker et al., 2014; Pan et al., 2013). SPM can act 55 as a source or sink of P by adsorption/desorption or uptake/release to regulate the 56 abundance, bioavailability, and biogeochemical cycling of P in freshwater 57 environments (Cyr et al., 2009). However, due to the complicated component of SPM 58 59 and the difficulty of obtaining in water environment, previous studies mainly focused on simulating adsorption/desorption process of P by sediments (Pan et al., 2013; Yi et 60 al., 2017; Deborde et al., 2007). Little has been done to address a quantitative analysis 61 62 about changes in quality and quantity of P-associated SPM during transport from rivers to lakes, which severely restricts our understanding of how SPM affects the cycling and 63

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partition of P (Lin and Guo, 2016).

Adsorption processes and adsorption reversibility of SPM are important for 65 regulating P levels especially when water conditions change. The adsorption capacity, 66 which can be quantified by equilibrium adsorption constants, is determined by the 67 chemical composition and concentration of SPM and adsorbate concentration (Pan et 68 al., 2002). Equilibrium phosphorus concentration at zero sorption (EPC_0), a parameter 69 obtained from phosphate-particles adsorption experiments, has been used to provide 70 quantitative information on whether particles remove or release P to calculate the P flux 71 72 in the particle-water interface (Pan et al., 2013). P particle-reactivity in the particlewater interface can be defined as the partition coefficient (K_d) with the ratio between 73 the particulate and dissolved phases in aquatic ecosystems (Huang et al., 2017; Lin and 74 75 Guo, 2016). K_d has been observed to decline with increasing SPM in both marine and freshwater environments, showing the "particle concentration effect" (O'Connor and 76 Connolly, 1980). However, no studies to date have systematically integrated all these 77 adsorption properties to determine the potential effect of SPM on P cycling at an entire 78 river-lake system (Pan et al., 2013, Yi et al., 2017; Lin and Guo, 2016). Studies 79 combining field investigations, laboratory experiments and modeling are still few and 80 would lead to a better understanding of the cycling pathways of P species and SPM. 81

Lake Erhai, the second largest plateau freshwater lake in southwestern China, is one of the three most concerned lakes with better-quality in China and an important source of domestic and irrigation water in Dali, Yunnan Province (Tong et al., 2017). Because of the increases in anthropogenic discharges and agriculture non-point

86	pollution in recent years on the lake fringes, cyanobacterial blooms frequently occur
87	from July to October of every year in the lake (Zhang et al., 2015). Especially, two
88	massive cyanobacteria blooms occurred in September and October in 2013. It is in a
89	critical period of transformation from mesotrophic status to eutrophication. Lake Erhai
90	is potentially P-limited (Yu et al., 2014). Steep gradients in P species exist from
91	inflowing rivers to the lake. As shown in the figure 1 in this study, average
92	concentrations of DIP (phosphate) dramatically decreased from 8.2 μ mol/L in the
93	upstream river to 0.2 µmol/L in open Lake Erhai across the estuary. Especially during
94	algal blooms, DIP concentration in Lake Erhai is often less than 0.1 μ mol/L. However,
95	algal blooms often last until November (Chla >20 μ g/L). TPP pool can be almost 4
96	times larger than TDP pool, and over 10 times larger than DIP pool (Ji et al., 2017). The
97	algal blooms are attributed in part to an increase in the concentration of DIP from TPP
98	transformation (Baker et al., 2014). Consequently, we hypothesise that SPM may help
99	P cycling to maintain high algal biomass under DIP-limitation. The interesting problem
100	is further intensified whether SPM is changing and would help or hinder the P cycling
101	or have no effect from river to lake, which is essential for guiding water management
102	and for coupled river-lake modeling in global P cycling (Pan et al., 2002; Yi et al.,
103	2017).

Thus, we carried out a systematic investigation of the spatiotemporal variations of P species and SPM across the boundary from the Miju River to Lake Erhai (Fig.S1). The aims were to (1) determine the potential of SPM as a source or sink of P throughout the entire river-lake; (2) identify the factors that influence P-buffering ability of SPM;

(3) predict how changes in SPM concentration affect P level and K_d by laboratory
experiments and modeling; and (4) propose implications of SPM for P cycling during
transport from river to lake. A summary of these experiments, as well as their respective
objectives, is presented in Fig.S2. These results are important for understanding the
nature and controls on P cycling in particle rich rivers-lakes system.

113 **2. Materials and methods**

114 **2.1. Study area**

Lake Erhai, Yunnan Province, China, is at an altitude of about 1970 m and is 115 between 25.6° and 25.9° N and 100.1° and 100.3° E. The lake covers approximately 116 250 km² and is fed by a watershed that extends across 2565 km² (Fig.S1). It is, on 117 average, 10.6 m deep. The area has a subtropical monsoon climate, with annual average, 118 average maximum, and average minimum temperatures of 15.1, 20, and 8.9 °C, 119 respectively. The mean annual rainfall is 1100 mm, of which 90% falls during wet 120 seasons from May to October, and the remaining months are dry seasons. 121 Cyanobacterial blooms usually appear during the wet seasons, and even can persist until 122 November. The relatively long residence time of water (average 2.75 years) could 123 promote accumulation of phytoplankton biomass, nutrients and SPM in the lake, and 124 allow time for particle-water interaction to occur (Zhang et al., 2015). There are 22 125 main rivers inflowing into the lake as main pollutant sources. The water quality of the 126 rivers is mostly ranked as class V (9.6 < TP \leq 12.9 μ mol/L), the worst category of 127 Chinese Surface Water Quality Standards (GB3838-2002) (Ji et al., 2017). Of these 128

rivers, Miju, which flows into the northern part of the lake and is the greatest pollutant discharge (accounting for 57%) into the lake, is classified as worse than class V (Lu et al., 2015).

132 **2.2. Sampling and Analysis**

The 11 sampling sites were selected with GPS from the Miju River, through the 133 river-lake mixing zone, into Lake Erhai over 4 occasions, in April, July, October of 134 2013, and January 2014 (Fig. S1, Table S1). Water samples for the lake and the river 135 were collected using a 5 L Plexiglas water sampler at depth of 0.5-1.0 m and 0.2-0.5 m 136 137 below surface, respectively. Water temperature (WT), pH, and dissolved oxygen (DO) were measured in situ using portable YSI electrodes (Xylem Co. New York, USA). The 138 flow was measured in situ with a flowmeter (Qliner2, HACH, USA). In the laboratory, 139 140 SPM was obtained by filtering water samples using precombusted (550°C for 4 h) and preweighed glass-fiber filters (Whatman GF/F; nominal pore size 0.7 µm). The filters 141 were then washed with deionized water and freeze-dried until a constant weight (Yang 142 143 et al., 2021). Thus, dissolved P species here are operationally defined as those in the <0.7 µm filtrate, which may contain living biomass and thus overestimate dissolved 144 organic P (DOP) compared to those in the $< 0.45 \mu m$ filtrates. Water parameters, 145 including TP, TDP, DIP and DOP, were analyzed according to Standard Methods 146 (APHA 2012), details of which are given in Text S1. 147

148 **2.3. P speciation and organic matter in SPM**

SPM concentrations were calculated from the difference between the weights of
the precombusted (550°C for 4 h) and weighed GF/F filters and the freeze-dried filter

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samples per unit volume of water. TPP, particulate inorganic phosphorus (PIP), and
particulate organic phosphorus (POP) were determined using the modified method of
Solórzano and Sharp (1980), and particulate P fractions were analyzed using a
sequential chemical extraction procedure (Psenner and Pucsko,1988), details of which
are given in Text S2, Fig. S6. The five-step extraction sequence provides information
about a range of fractions, namely (1) NH₄Cl-P (2) BD-P (3) NaOH₂₅-rP, NaOH₂₅-nrP
(4) HCl-P (5) NaOH₈₅-P.

Particulate organic carbon (POC) and particulate organic nitrogen (PON) were 158 measured with an element analyzer (Perkin-Elmer 2400 Series II) after vapor 159 acidification to remove carbonates. Particulate organic matter (POM) was 160 colorimetrically determined after treatment of the sample with potassium 161 162 dichromate/H₂SO₄ according to the Walkey–Black method (Tan, 1995). Particulate inorganic material (PIM) was then defined as the difference between SPM and POM. 163 Chlorophyll- α (Chla) was determined spectrophotometrically after extraction with 90% 164 acetone. The ratio between phytoplankton biomass (mg C /L) and POM (mg/L) was 165 determined to quantify the phytoplankton carbon percentage of the POM 166 (phytoplankton-POC) (Sobczak et al., 2002). Detrital origin POC (detritus-POC) was 167 estimated as the difference between total POC and phytoplankton-POC. Gross primary 168 productivity (GPP) was determined using the light and dark bottle oxygen technique 169 (Vollenweider, 1974). Alkaline phosphatase activity (APA) was estimated using the 170 model substrate p-nitrophenyl phosphate (pNPP, Sigma) (Dore and Priscu, 2001). 171 Samples were analyzed in triplicate, and the standard deviations were always < 5%. 172

173 2.4. Partition coefficient of P

The partition of P between the dissolved and particulate phases and its particle reactivity can be quantified by the partition coefficient (K_d) (Lin and Guo, 2016), which is calculated with the following equation:

177
$$K_d = \frac{C_p}{C_d * [SPM]} \tag{1}$$

where C_p and C_d are the concentrations of particulate and dissolved P, respectively, in the inorganic, organic, or total P pools (µmol/L). [*SPM*] is the concentration of SPM (mg/L). Values of K_d are expressed in L/mg.

181 **2.5. Degree of P saturation**

The degree of P saturation (DPS), which relates a measure of P already adsorbed by SPM to its P adsorption capacity, could be a good indicator of P release potential from SPM to waters (Ohno et al., 2007). Acid ammonium oxalate extraction was used to determine DPS (McKeague and Day, 1966), details of which are given in Text S3. We calculated the DPS with the following equation:

187
$$DPS = \frac{P_{ox}}{0.5 * (Fe_{ox} + Al_{ox})}$$
 (2)

188 Where P_{ox} , Al_{ox} , and Fe_{ox} are expressed in mg/g.

189 2.6. Adsorption Isotherms Experiments and Sorption Kinetics of P

190 I: Experiments details of the adsorption isotherms and sorption kinetics of P are 191 provided in the Text S4. Mathematical descriptions of the adsorption isotherms were 192 described by a modified Freundlich equation as follows: $Q_e = K_f (C_{eq}^n - EPC_0^n)$ (3) 193 where Q_e is the amount of net sorption or release of P at equilibrium (mg P /kg), K_f is 194 the affinity constant (L/µmol), *n* is the exponential factor, and C_{eq} is the equilibrium P 195 (μ mol/L). EPC₀ is a measure of the P concentration at which SPM is neither adsorbing 196 nor releasing P in the equilibrium state (μ mol/L). Greater values of K_f and smaller 197 values of EPC₀ indicate stronger P sorption ability of SPM (Jarvie et al., 2005). Model 198 parameters were estimated by a Marquardt nonlinear least-squares fitting routine.

- 199 In order to judge whether the SPM acts as a source or sink of P for the water body,
- 200 a criterion of $\delta = C_{eq}^{n} \text{EPC}_{0}^{n}$ (4) was defined (Pan et al., 2013)
- 201 When $\delta < 0$, $Q_e < 0$ (release), SPM is a source of P.
- 202 When $\delta > 0$, $Q_e > 0$ (adsorption), SPM is a sink for P.

The slope of the isotherm curve at $Q_e=0$ is the distribution coefficient K_{d-eq}, which is calculated by taking the derivative of the modified Freundlich equation with respect to C_{eq} at the EPC₀.

206
$$K_{d-eq} = d[K_f(C_{eq})^n]/d(C_{eq})_{EPC0} = nK_f(C_{eq})^{n-1}$$
(5)

207 The removal rate of DIP can be described by the following equation:

208

$$DIP \ removal \ (\%) = (C_0 - C_{eq})/C_0 \tag{6}$$

Mathematical descriptions of the sorption kinetics were established by fitting the data sets with first order sorption functions: $Q_t = Q_{max} (1-e^{-kt}) (7)$, $Q_t (mg P / kg)$ is the amount of sorbed P at time t (h), $Q_{max} (mg P / kg)$ is the amount of sorbed P in the equilibrium. k is the first-order constant of sorption kinetics (h⁻¹).

II: We conducted the adsorption experiment by changing the mixture mass ratio of detritus-SPM and phytoplankton-SPM from 1:1 to 1:20 to simulate P adsorption behavior of the increasing phytoplankton-SPM when algal blooms. The detritus-SPM came from the station MR-1 in the Miju River in October, while phytoplankton-SPM was obtained by adding fresh algae. After mixture, the remaining details of theexperiment are the same as described in Sorption Experiments I.

219 III: A series of SPM concentrations (2, 6, 10, 16, 25, 35 mg/L) were used to determine the threshold of SPM to reduce or increase the DIP level by adsorption 220 221 experiments. These SPM concentrations were chosen to bracket the known changes of SPM during different seasons over the past decades in the Miju River and Lake Erhai. 222 The phytoplankton-SPM and the detritus-SPM respectively came from the station LE-223 224 2 in Lake Erhai due to its maximum phytoplankton-POC content and the station MR-1 225 in the Miju River due to its maximum PIM and detritus-POC content. Tubes were spiked with KH₂PO₄ to provide a range of initial P concentrations (C_0 , 0.05–12 µmol/L) 226 designed to simulate the typical condition of P input to the river and lake. The remaining 227 228 details of the experiment are the same as described in Sorption Experiments I.

229 **2.7. Modified Kd model**

We modified the K_d model based on the equilibrium between the initial and final TP concentrations used by Prastka (1998) and Turner and Tyler (1997) [eqn (8), (9)]. The modified K_d model can rationalize the apparent contradiction between the source and sink of TDP on SPM under different conditions ([eqn (10)-(12)]). Refer to Text S5 for more details.



239 $TDP \ removal(\%) = \frac{\Delta TDP}{C_R} \times 100 = \frac{K_d S_{es}}{1 + K_d S_{es}} - \frac{P_R}{C_R (1 + K_d S_{es})} + \frac{\overline{A_2} - \overline{A_1}}{19.8 C_R (1 + K_d S_{es})}$ (12)

where C_R , P_R are the dissolved and particulate P concentrations in the initial simulation, respectively, in mg/L; C_{es} , P_{es} , S_{es} are the final dissolved and particulate P concentrations and SPM concentration, respectively, measured in mg/L; \overline{A}_{gpp} is the average GPP, measured in g/m³/d; \overline{A}_1 , \overline{A}_2 are the GPP in the initial and final concentrations, respectively, in g/m³/d; K_d is the final partition of P species between the dissolved and particulate phase for the steady state, in L/mg.

246 **2.8 Generalized additive model**

In this study, GAM was used to identify the relative influence of various factors on P adsorption of SPM. Refer to Text S6 for more details. The GAM model can be described as below (Zou et al., 2020):

$$g(y) = s_0 + s_1(x_1) + \dots + s_m(x_m) + \varphi$$
(13)

where, s(x) represent smooth functions of linking explanatory variables; φ is the random residual term; g(y) represent response variables.

252 **2.9. Statistical analysis**

253 Differences between treatments were determined using one-way analysis of 254 variance (ANOVA, SPSS, version 16.0). Tukey's multiple comparison test (honest 255 significant difference, HSD) was used to identify variances among groups ($P \le 0.05$).

3. Results and Discussion

3.1. Variations in the species and partition of P during transport from rivers to
lakes

259	Concentrations of different P species and SPM in the Miju river and Lake Erhai
260	significantly varied between the dry and wet seasons (Fig. 1a). In the Miju River,
261	concentrations of DIP, PIP and POP increased from 2.7 \pm 0.9, 0.3 \pm 0.23, 0.5 \pm 0.3 µmol/L
262	during the dry season to 7.7 \pm 2.8, 1.8 \pm 0.3, 1.2 \pm 0.6 µmol/L during the wet season,
263	respectively, a 3-6 times increase, which were significantly correlated with the flow (P
264	< 0.05) (Table. S2), indicating an increase in non-point loading during rainfall events
265	(Lu et al., 2015). In Lake Erhai, concentrations of DOP, PIP and POP increased from
266	$0.3\pm0.2,0.3\pm0.07$ and 0.5 ± 0.2 µmol/L during the dry season to $0.7\pm0.2,2.1\pm0.4$ and
267	2.0 ± 0.5 µmol/L during the wet season, respectively, a 3-7 times increase. But a triple
268	decrease in the DIP concentration from 0.45 \pm 0.05 µmol/L during the dry season to 0.11
269	$\pm 0.02~\mu mol/L$ during the wet season was observed, which may be attributed to algal
270	uptake due to a double increase in Chla. Furthermore, APA during the wet season was
271	almost double that of the dry season (Fig. S3). SPM was positively correlated with Chla
272	and GPP in Lake Erhai and flow in the Miju River ($P < 0.05$) (Table.S2), indicating
273	increases in SPM during the wet season might be related to plankton biomass in Lake
274	Erhai and terrigenous input in the Miju River, respectively. Higher WT (average $21.7\pm$
275	1.7 °C) and lower DO (4.0±1.4 mg/L) happened during the wet season than that in the
276	dry season (14.4 \pm 3.3°C for WT; 7.5 \pm 1.1 mg/L for DO), while pH changed little (Fig.
277	S4).

278	The nutrient regimes were very different in the Miju River and Lake Erhai and
279	gradually changed across the estuary. During the wet season, TP pool shifted from being
280	dominated by TDP in the Miju River and estuary regions (73±5%) to being dominated
281	by TPP (74±11%) in Lake Erhai. Especially DIP concentrations decreased dramatically
282	from the Miju River (8.0±0.9 μ mol/L) across the estuary (4.1±0.2 μ mol/L), to Lake
283	Erhai (0.14 \pm 0.02 μ mol/L), a 60-fold decrease, and TPP pool increased by 1.5-fold from
284	the Miju River (3.0±0.2 μ mol/L) across the estuary (2.1±0.4 μ mol/L), to Lake Erhai
285	(4.3 \pm 1.6 µmol/L). Comparison with some other rivers and lakes (Table S3) shows that
286	the dominant contribution of TPP to TP also occurs in Lakes Huron, Erie, Taihu and
287	Dianchi (accounting for 54-88%) and in rivers (accounting for 56-91%), such as
288	Mississippi River, Maumee River, Jourdon River, Chena River, Yellow River and
289	inflowing rivers of Lake Taihu, etc. Higher TPP abundance indicates a stronger water-
290	particulate exchange activity (Zhang and Huang, 2011). K_d values of DIP (1.6±0.6 vs.
291	0.03 ± 0.01 L/mg) and TDP (0.33 ± 0.15 vs. 0.05 ± 0.03 L/mg) in Lake Erhai are
292	apparently higher than that in the Miju River ($P < 0.05$) (Fig.1b), indicating the higher
293	particle-reactivity of SPM in the lake in regulating the abundance, distribution and
294	cycling of P in lakes, which also happens in other rivers and lakes (Table S3).

295

3.2. P-buffering potential of SPM as a source or sink

The K_f, EPC₀, the criterion δ values and K_{d-eq} calculated of the isotherms using eq (3)–(5) for all 11 stations are presented in Fig. 2 and Fig. S5. Results demonstrated that there were different sorption behaviors of SPM between the Miju River and Lake Erhai during different sampling months. During the wet seasons, P sorption ability of SPM in the Miju River was higher with larger K_f values (1.1±0.03 L/mg) compared to the dry seasons (0.88±0.07 L/mg), but the SPM in Lake Erhai showed lower P sorption ability compared to the dry seasons, with smaller K_f values (0.47±0.08 vs. 0.76±0.02 L/mg) and larger EPC₀ values (5.03 ± 2.69 vs. 0.61±0.65 µmol/L). Meanwhile, the SPM in Lake Erhai showed lower P sorption ability than that in the Miju River, with smaller K_f values (0.47±0.08 vs. 1.1±0.03 L/mg) and larger EPC₀ values (5.03 ± 2.69 vs. 2.52±0.69 µmol/L).

By comparison between DIP and EPC₀, K_{d-TDP} and K_{d-eq (TDP)} (Zhang and Chi, 307 2002), respectively, we can predict whether SPM was a source or sink of P in the Miju 308 River and Lake Erhai (Fig. 2). During the dry season, with relatively low SPM and P 309 input, K_{d-TDP} was equal to the K_{d-eq} , and δ values in the river (average 0.03 ± 0.02 µmol/L) 310 and the lake $(0.06\pm0.03 \,\mu\text{mol/L})$ were very low and close to zero, i.e. DIP was roughly 311 in equilibrium with the SPM. During the wet season, in the Miju river, the K_{d-eq} (TDP) 312 was about 40 times higher K_{d-TDP} (the slope close to zero), and δ was positive, and on 313 average, adsorbed 2.17±1.12 µmol/L, and potentially removed 45.1±0.5% of DIP 314 concentrations, i.e. the SPM played a strong P-sink to buffer additional P loading into 315 the lake after rainfall. However, for Lake Erhai, K_{d-TDP} was about triple K_{d-eq} (TDP), and 316 δ was negative, and on average, released P up to 2.52±1.14 µmol/L, accounting for 52.5% 317 of TPP, causing a 25-fold increase in DIP concentration. This could explain why 318 "secondary" algal blooms occur under the DIP-limitation in mesotrophic lakes. 319 Particulates can also contribute to soluble P when the DPS exceeds 25% or 30% (Ohno 320 et al., 2007). During the wet season, the DPS (60.1±12.1%) was higher in Lake Erhai 321

as compared to 16.7±4.7% in the Miju River, indicating the stronger driving force for
P-release of the SPM in Lake Erhai (Fig. 3). Therefore, the SPM could serve as a strong
P-sink in the river and a P-source in the lake to buffer dissolved P level. Especially, the
risk of SPM as a P-source to lake eutrophication should not be ignored.

326 **3.3. Factors influencing P-buffering of SPM**

327 **3.3.1 Effect of particulate organic matter**

The P sorption ability of SPM is governed by its chemical composition and 328 biological activity. Pearson correlation (Table S4) showed P sorption ability of SPM, 329 330 characterized by δ , K_f and K_{d-eq}, was significantly negatively correlated to POM, phytoplankton-POC and APA (P < 0.01), and positively correlated to C:N and C:P (P < 0.01) 331 0.01), respectively. GAM model further identified (Table 1) that the phytoplankton-332 333 POC, APA and C:N were significant explanatory variables (P < 0.001), which could explain more than 60% variability of δ and EPC₀ and more than 30% variability of K_f 334 and K_{d-ea} . The mean contributions of phytoplankton-POC, APA and C:N were 79%, 64% 335 336 and 49%, respectively. Consequently, the phytoplankton-POC and its biodegradability (APA, C:N and C:P) were important factors inducing P release from SPM. Previous 337 studies have confirmed that phytoplankton-POC is strongly related to the number of 338 carboxylic (-COOH) groups, so P release may be enhanced if monocarboxylic acid 339 increases (Staunton and Leprince, 1996). 340

This was consistent with the spatiotemporal patterns of POC fractions of SPM in Lake Erhai and the Miju River (Fig.3, Fig.S3). In Lake Erhai from the dry seasons to wet seasons, the significantly increased ratio of phytoplankton-POC (30±3% vs.

68±11%), the consistently lower organic C:N (23.5±5.5 vs. 8.0±1.6) and C:P 344 (223.4±56.6 vs. 92.5±20.5) ratios, and the higher APA (0.018±0.006 vs.0.038±0.006 345 mmol/L/h) of the SPM can all prove its autochthonous origin from algae and organic 346 debris of planktonic microorganisms with biolabile compounds for SPM in Lake Erhai 347 during the wet seasons (called phytoplankton-SPM), indicating greater metabolic 348 availability and higher turnover of POP by mineralization of microbial activity (Feng 349 et al., 2018). Therefore, the SPM in the wet season enriched in phytoplankton-POC 350 helps P release due to the high reactivity in aquatic environments. 351

But for the Miju River, PIM dominated SPM, accounting for 65±14%. The more abundant detritus-POC (0.55±0.21 mg/L) than phytoplankton-POC (0.24±0.1 mg/L) all year round and the higher organic C:N (22.6±9.9) and C:P (229±121) ratios of the SPM indicate its terrestrial plant or soil derived sources (called detritus-SPM) including clay minerals, silt, insoluble salts and colloidal aggregates (Turner and Millward, 2002), which may be refractory, inhibiting P release.

358

3.3.2 Effect of P activity of SPM

The P activity of SPM is governed by P species, which reflects P potential bioavailability transported in particle-water interface (Tang et al., 2018). The P (NH₄Cl+BD) fraction is fully mobile under natural conditions (Yi et al., 2017), and the POP pool, such as NaOH₂₅-nrP, also release P from polyphosphate-incorporating bacteria mineralization or bacterial respiration (Hupfer et al., 2004; Zhang et al., 2020). Consequently, the fractions of NH₄Cl-P, BD-P, and NaOH₂₅-nrP were all considered as the labile or bioavailable fractions (BAP) in this study.

366	Significant correlation occurred between P fractions and adsorption parameters
367	across the sampling sites (Table S4). BAP fractions were significantly negatively
368	correlated with P sorption ability of SPM, characterized by δ , K _f and K _{d-eq} , and
369	positively correlated with EPC ₀ ; while inert fractions (HCl-P and NaOH ₂₅ -rP) of SPM
370	were positively correlated with δ , K _f and K_{d-eq} , and negatively correlated with EPC ₀ ,
371	respectively. GAM model (Table 1) further confirmed that NaOH ₂₅ -nrP, NH ₄ Cl-P,
372	NaOH ₂₅ -rP and HCl-P were identified as significant explanatory variables ($P < 0.001$),
373	which could explain 46.8%~90.6%, 50.1%~83.7%, 33.1%~82.8% and 31.8%~79.2%
374	of variations in the P sorption ability of SPM, and explain 84.5%, 90.2%, 73.6% and
375	55.3% variations of EPC_0 , respectively. Therefore, the P release capacity of SPM could
376	be attributed to the proportions of BAP; while for P adsorption capacity of SPM, the
377	aluminum and calcium oxides might be a key driver rather than iron compounds (Kerr
378	et al., 2011). As shown in Fig.2 and Fig.3, in Lake Erhai, the BAP concentrations
379	increased from 479 ± 105 mg/kg to 1260 ± 210 mg/kg leading to higher P-release
380	potential from 0.17 \pm 0.07 µmol/L to 5.72 \pm 1.84 µmol/L; while in the Miju River, P-
381	adsorption potential increased from 0.07 \pm 0.06 µmol/L to 5.97 \pm 1.12 µmol/L as the inert
382	fractions increased from 205 ± 30 mg/kg to 539 ± 112 mg/kg. Consistently, in other well-
383	known rivers (Rydin, 2000), the higher proportion of inert fractions in SPM, such as
384	Nile and Mississippi Rivers (54%~57%), the Amazon River (67%~72%), and the
385	Yellow River (82%), could reflect its higher P adsorption potential (Pan et al., 2013;
386	Sutula et al., 2004).

387 P adsorption experiment (Fig.4) also confirmed that P adsorption amount (Qe) of

the phytoplankton-SPM in Lake Erhai (-11.5~13.3 mg/kg) was much lower than that of 388 the detritus-SPM in the Miju River (-1.8~70.9 mg/kg). In Lake Erhai, this quasi-389 positive correlation among BAP fractions, phytoplankton-POC and Qe revealed that the 390 low Q_e might be attributed to BAP fractions and phytoplankton-POC, as described by 391 Zhu et al. 2015 that phytoplankton-POC complexes with surface-bound Fe to form 392 soluble organic-metal compounds can replace and release previously-sorbed P by 393 competitive adsorption or ligand exchange. Furthermore, this quasi-negative 394 correlation between APA and Qe suggests the higher APA could stimulate visible P-395 release of phytoplankton-SPM. However, in the Miju River, the inert fractions 396 significantly increased from 27% to 54% with increasing Q_e of detritus-SPM, indicating 397 P could be resorbed and immobilized to enriched Al/Ca metal oxides. Similarly, for the 398 399 Yellow River, the elevated concentrations of Al(OH)₃ and Ca metal oxides in particles can prevent P release by adsorbing P due to their stability under both oxic and anoxic 400 conditions (Huser et al., 2016). 401

In addition, the DO and WT were identified as significant explanatory variables 402 (P < 0.001), explaining 40~67.8% of the variations in the K_{d(DP)}, K_{d(DOP)} and K_{d(TDP)} 403 (Table. 1). K_{d(DIP)} and K_{d(DOP)} of SPM were significantly positively correlated with DO, 404 and negatively correlated with WT (Table. S4), indicating that higher WT ($21.7 \pm 1.7 \text{ °C}$) 405 and anoxia (DO<5 mg/L) during the wet season can stimulate P release of SPM. 406 Consequently, P exchange in the particle-water interface is largely controlled by POC 407 and P species of SPM and water environment. Nevertheless, under which conditions 408 the coupling of POC and metal oxyhydoxides or metal ions affects the P release and 409

410 how fast the release happens needs to be further studied.

411 **3.4. Effect of increasing SPM on P-buffering**

412 Results from the adsorption isotherm experiment by changing mixing ratio of phytoplankton-SPM and detritus-SPM showed that P sorption capacity dropped down 413 as the phytoplankton-SPM proportion increased, with smaller Qe and Kf and higher 414 EPC₀ (Fig.5a). The phytoplankton-SPM showed the minimum Q_e (-11.5~13.2 mg/kg) 415 and $K_f(0.35 \text{ L/mg})$ and maximum EPC₀ (5.11 mg/L); while the detritus-SPM showed 416 the maximum Q_e (20.1~70.9 mg/k) and K_f (0.95 L/mg) and the minimum EPC₀ (0.15 417 418 mg/L). These results confirmed significant differences in P sorption capacity between the phytoplankton-SPM and detritus-SPM (P < 0.05). 419

Moreover, when detritus-SPM concentrations increased from 2 to 35 mg/L, DIP 420 421 removal proportion increased up to more than 50% in the Miju River, but decreased to below -50% (indicating P-release) when phytoplankton-SPM concentrations increased 422 from 2 to 35 mg/L in Lake Erhai (Fig. 5 b, c). Especially when $C_0 \le 5 \mu mol/L$ and 423 phytoplankton-SPM \geq 16 mg/L, the release amount of P could lead to 0.5- and 3-fold 424 increase in the DIP flux; While when detritus-SPM ≥ 16 mg/L, P removal exceeds 30% 425 at $C_0 > 5 \mu mol/L$ and 50% at $C_0 > 7 \mu mol/L$. Consequently, the higher phytoplankton-426 SPM concentration could release more DIP, especially at lower DIP concentration, 427 while the higher detritus-SPM concentration could remove more DIP, especially at 428 higher DIP concentration. The conclusion again reflected P-buffering of 429 phytoplankton-SPM as a P-source and detritus-SPM as a P-sink, which may also apply 430 to other rivers and lakes rich in SPM (Table S3), such as Lake Dianchi with the 29.6±8 431

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433

mg/L SPM concentration, and the Yellow River, the inflowing rivers to Lakes Taihu and Dianchi with a range of SPM concentration from 27 to 656.3 mg/L.

The relationships between K_{d-eq} (DIP) and SPM concentration were fitted at 434 different initial DIP levels in Lake Erhai and the Miju River (Fig.5 d, e). In Lake Erhai, 435 the significantly inverse correlation between K_{d-eq} (DIP) and phytoplankton-SPM (P <436 0.01) demonstrated a strong "particle concentration effect" (Lin and Guo, 2016), 437 indicating higher phytoplankton-SPM concentration enhances P-buffering. However, 438 in the Miju River, the inverse correlation between K_{d-eq} (DIP) and detritus-SPM is not 439 440 significant, demonstrating the P adsorption capacity of detritus-SPM was relatively stable (Lin et al., 2012). 441

We used the modified K_d model with realistic estimates of the input parameters, and biological uptake of P from the relationship between TP and GPP reported by Smith (1979) to determine the relationship of SPM and TDP (Text S4, Fig.6). We hypothesise that the removal of dissolved P from aquatic ecosystems mainly reflects the combination of biological uptake and particle adsorption (Huang and Zhang, 2010).

For similar initial and final values of GPP (based on simulations over the range A₂-A₁=0-0.9 g/m³/d) i.e., moderate or negligible biological uptake of P in the Miju River, the model predicted that TDP removal would increase significantly as SPM concentration increased, mainly because of adsorption by physicochemical control (Fig.6a). The SPM could therefore shift from a source to sink of P, depending on its concentrations and K_d. In the Miju River, during the wet season, the detritus-SPM concentration averaged 10.3 mg/L and was above the critical thresholds of 7.2 mg/L at 454 average K_d values of 0.07, suggesting the detritus-SPM was a P-sink, which was 455 consistent with the adsorption isotherms. If TDP inputs continued to increase (i.e., the 456 K_d decline), more SPM would be needed to buffer the additional TDP loading.

However, if GPP is much higher at the end than at the beginning $(A_2-A_1>0.9)$ 457 $g/m^3/d$) i.e., biological uptake of P dominates, as algae biomass sharply increase in Lake 458 Erhai during the wet season. Interestingly, the TDP removal decreased sharply as the 459 SPM concentration increased (Fig.6b). i.e., autotrophs can facilitate the accumulation 460 of P on phytoplankton-SPM and enhance P lability, which in turn increases the 461 462 bioavailable P for reuse, thereby promoting outbreak of algal blooms (Xie et al., 2003). Both experiments and modeling confirmed that increasing SPM concentrations 463 could enhance P-buffering. Especially the phytoplankton-SPM to buffer DIP-limitation 464 465 during algae blooms should not be ignored, not just focused on eliminating sediments loading through sediment capping, sediment dredging (Liu et al., 2016; Wen et al., 466 2020). 467

468 **3.5. Implications of SPM for P cycling during transport from river to lake**

We drew a mechanism diagram of P-buffering of SPM during transport in the river-lake system (Fig.7). From the dry season to wet season, the increased SPM along with more P nutrient from terrestrial sources flows to the rivers and lakes due to the rainfall and runoff increase (Zhang et al., 2014). For rivers, the detritus-SPM enriched with PIM adsorbs P to form inert P fractions (K_d increase), which tend to sedimentation rather than re-release into water, thus could reduce 45% of P input to lakes. Global warming will increase the chemical and physical weathering rates, and the rainfall will

increase weathered particles content and agricultural nonpoint sources into rivers (Pan 476 et al., 2013). However, the detritus-SPM content was not enough to fully buffer the 477 increased loading. Therefore, plenty of P loading into lakes at the proper temperature 478 (>20°C) can trigger phytoplankton growth, leading to the increase of phytoplankton-479 SPM from algae metabolism. When the DIP is insufficient to satisfy the algae growth, 480 the increasing phytoplankton-SPM enriched with BAP fractions could release more DIP 481 (K_d decrease), causing a 25-fold increase for algae reuse, which creates a vicious 482 cycling among algae-SPM-P to worsen water quality. Furthermore, anoxic, higher WT 483 484 and enhanced APA in the wet season had positive effects on P liberation from the phytoplankton-SPM. This could explain why algal blooms in Lake Erhai can persist 485 until November under DIP-limitation. The SPM shifted from a P-sink to a P-source to 486 487 buffer P levels and promote P cycling during transport from rivers to lakes.

488 4. Conclusions

Our study offers a rare insight into two distinctive P cycling regimes between 489 rivers and lakes, and provides new evidences of SPM as a P-sink in rivers and a P-490 source in lakes to buffer the level and partition of P, which was closely linked to the 491 quality and quantity of SPM. The seasonal differences in POM components and P 492 activity of SPM can influence P balance in the SPM-water interface, i.e., from the dry 493 seasons to wet seasons, the significantly increased phytoplankton-POC and BAP 494 fractions of SPM induced more P-release from SPM. Moreover, increasing SPM 495 concentrations could enhance the P-buffering effect. When phytoplankton-SPM ≥ 16 496

497	mg/L at $C_0 \le 5 \mu mol/L$, P release increased by 50%-300%; when detritus-SPM ≥ 16
498	mg/L at $C_0 \ge 5 \ \mu mol/L$, P removal could exceed 30%. This study highlights the
499	importance of SPM as a sink or source of P in regulating P cycling cannot be ignored,
500	and helps water managers to rethink the inner loop among algae-SPM-P under DIP-
501	limitation.

502 Supplementary information

Supplementary information contains Figures S1–S7, Tables S1–S4, and six parts:
Text S1–Text S6.

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509 **Declaration of competing interest**

510 The authors declare that they have no known competing financial interests or 511 personal relationships that could have appeared to influence the work reported in this 512 paper.

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Response variables	ariablas	Explanatory	Edf	F		Dev.expl	D ²
		variable	Edi F	p	(%)	<u>К</u> -	
		NaOH ₂₅ -nrP	3.59	85.98	<2×10 ⁻¹⁶ ***	90.6%	0.898
		NH ₄ Cl-P	4.14	39.04	<2×10 ⁻¹⁶ ***	83.7%	0.824
		NaOH25-rP	4.07	37.14	<2×10 ⁻¹⁶ ***	82.8%	0.813
		APA	6.77	20.84	<2×10 ⁻¹⁶ ***	82.3%	0.795
	\$	Phyto-POC	5.68	22.39	<2×10 ⁻¹⁶ ***	80.9%	0.779
	0	C:N	3.52	18.41	4.17×10 ⁻¹⁰ ***	67.2%	0.643
		HCl-P	3.01	8.45	5.57×10 ⁻⁵ ***	46.2%	0.422
		NaOH ₈₅ -P	5.84	3.07	0.0115 *	40.4%	0.306
		POM	2.01	9.25	0.000262 ***	36.8%	0.337
		C:P	2.05	8.48	0.000459 ***	35.4%	0.321
		NH4Cl-P	8.45	35.19	<2×10 ⁻¹⁶ ***	90.2%	0.879
		NaOH25-nrP	7.39	22.84	<2×10 ⁻¹⁶ ***	84.5%	0.813
		APA	5.59	24.46	<2×10 ⁻¹⁶ ***	82.8%	0.793
		Phyto-POC	4.29	23.94	7.8×10 ⁻¹⁵ ***	77.1%	0.746
	EPC ₀	NaOH25-rP	4.47	19.09	3.72×10 ⁻¹² ***	73.6%	0.705
		C:N	3.61	16.41	2.9×10 ⁻⁹ ***	65.4%	0.622
		HCl-P	3.08	12.18	1.03×10 ⁻⁶ ***	55.3%	0.519
Simulation		C:P	5.46	5.07	0.00039***	49.4%	0.42
Experiment	ent	РОМ	2.15	9.44	0.000149***	39.5%	0.364
		HCl-P	0.22	17.34	5.66×10 ⁻¹⁴ ***	79.2%	0.752
		Phyto-POC	6.39	3.27	0.00911 **	62.6%	0.325
		NaOH25-rP	3.61	4.02	0.00778 **	53.1%	0.274
	K_{f}	NH4Cl-P	1.35	9.53	0.000651 ***	50.1%	0.278
		APA	3.21	3.64	0.0139 *	49.4%	0.237
		NaOH25-nrP	2.79	3.67	0.0145 *	46.8%	0.218
		C:N	6.63	1.16	0.324	36.5%	0.131
		C:P	3.34	2.07	0.102	21.3%	0.144
		Phyto-POC	6.11	379.70	<2×10 ⁻¹⁶ ***	97.0%	0.951
		NH ₄ Cl-P	3.21	31.93	$<2 \times 10^{-16}$ ***	64.9%	0.604
		BD-P	6.36	4.98	2.98×10 ⁻⁶ ***	56.0%	0.564
		NaOH25-nrP	5.97	12.25	1.47×10 ⁻¹¹ ***	54.8%	0.515
	K_{d-eq}	APA	7.51	3.79	0.000658 ***	41.1%	0.373
		NaOH ₂₅ -rP	7.50	3.89	0.000658 ***	33.1%	0.283
		HCl-P	5.59	5.48	6.61×10 ⁻⁵ ***	31.8%	0.263
		C:N	4.58	5.14	7.44×10 ⁻⁵ ***	30.1%	0.233
		PIM	3.79	5.08	6.61×10 ⁻⁵ ***	28.4%	0.219

Table 1. The GAM fitting results between major factors and parameters (δ , EPC₀, K_f and K_{d-eq}) of Freundlich crossover-type equations calculated by a nonlinear fit for the P adsorption isotherms of SPM; and between major factors and K_d (K_{d(DOP)}, K_{d(TDP)} and K_{d(DIP)}) in field investigation in the Miju River and Lake Erhai.

		DIP	4.851	22.03	1.25e-14 ***	77.40%	0.746
		DO	6.629	8.571	4.76e-07 ***	66.50%	0.604
		Chla	6.299	7.909	2.2e-06 ***	62.70%	0.563
		SPM	6.17	7.298	6.83e-06 ***	60.70%	0.541
		NH ₄ Cl-P	2.138	20.41	3.05e-08 ***	58%	0.558
		HC1-P	6.09	6.024	6.06e-05 ***	56.40%	0.492
	$K_{d\left(\text{TDP}\right) }$	NaOH ₂₅ -rP	4.425	8.08	1.05e-05 ***	55.30%	0.501
		POM	3.61	9.779	4.4e-06 ***	53.80%	0.496
		Phyto-POC	3.762	8.851	1.2e-05 ***	52.20%	0.477
		NaOH ₂₅ -nrP	2.681	10.1	2e-05 ***	46.60%	0.431
		WT	3.693	6.126	0.000401 ***	43.80%	0.385
		TPP	4.469	4.685	0.00132 **	42.50%	0.359
		APA	3.658	6.078	0.000445 ***	42.50%	0.372
		NaOH ₂₅ -nrP	6.652	26.26	<2e-16 ***	85%	0.823
		C:N	5.552	30.98	<2e-16 ***	84.70%	0.824
Field		NH ₄ Cl-P	4.92	32.87	<2e-16 ***	83.90%	0.819
Investigation		DIP	8.224	17.68	1e-15 ***	82.30%	0.781
	K _{d(DIP)}	Chl a	7.475	19.2	<2e-16 ***	82.20%	0.784
		Phyto-POC	6.656	19.09	1.38e-15 ***	80.70%	0.772
		APA	3.971	29.78	<2e-16 ***	79.20%	0.771
		SPM	7.049	12.46	1.79e-10 ***	74.30%	0.693
		DO	6.872	9.006	1.68e-07 ***	67.80%	0.616
		NaOH25-rP	6.236	4.338	0.00113 **	49%	0.403
		TPP	2.675	10.87	9.21e-06 ***	48.80%	0.455
		WT	6.326	3.764	0.00339 **	45.20%	0.358
		PIP	1.798	12.1	4.21e-05 ***	40.50%	0.379
		DOP	5.526	25.35	<2e-16 ***	81.8%	0.791
		WT	6.797	7.29	4.14e-06 ***	62.60%	0.556
	K _d (DOP)	PIP	6.945	5.132	0.000186 ***	55.40%	0.469
		TPP	6.266	4.687	0.00054 ***	51.50%	0.433
		DO	2.023	10.18	9.44e-05 ***	40%	0.37
		BD-P	2.779	4.451	0.0066 **	30.10%	0.252

 $p^* \leq 0.05, p^* \leq 0.01, p^* \leq 0.001$



Fig. 1. (a) Spatial-temporal distribution of P species and suspended particulate matter (SPM) and (b) average partition of different P forms across the transition from the Miju River to Lake Erhai during different sampling months. The dashed line represents the estuary at the river-lake interface.



Fig.2. (a) The calculated potential of each SPM as a sink or source of P calculated by δ in the Miju River and Lake Erhai during different sampling months. (b) Correlations between K_{d-eq} (TDP) and K_{d-TDP} in the Miju River and Lake Erhai during different sampling months.



Fig.3. (a) Spatial-temporal variations in the POC from phytoplankton (phyto-POC) and detritus (detritus-POC), the organic C:N ratio in SPM and alkaline phosphatase activity (APA); (b) Different P species in SPM and the degree of phosphorus saturation (DPS) from the Miju River to Lake Erhai during different sampling months.



Fig.4. Variations of the P sorption capacity (Q_e), phyto-POC, APA and proportions of particulate P species with at equilibrium at different initial DIP concentrations (C₀) in Lake Erhai (a, c) and the Miju River (b, d) by adsorption isotherms of SPM. The phyto-SPM came from the station LE-2 in Lake Erhai, and the detritus-SPM came from the station MR-1 in the Miju River in October. The different letters (i.e., a–c) indicate significant differences among C₀ (one-way ANOVA, p \leq 0.05). Different letters in green represent significant differences of BAP fractions (NH₄Cl-P+BD-P+NaOH₂₅-nrP) (c) and inert fractions of HCl-P+NaOH₂₅-rP (d) among C₀.



Fig.5. (a) P adsorption isotherms by the mixture of detritus-SPM and phyto-SPM, and changed the mixture mass ratio from 1:1 to 1:20; The detritus-SPM came from the station MR-1 in the Miju River in October, while phyto-SPM was obtained by adding fresh algae. The influence of different SPM concentrations (2, 6, 10, 16, 25 and 35 mg/L) on DIP removal (%) and K_{d-eq} (DIP) at different initial DIP concentration in Lake Erhai (b, d) and the Miju River (c, e). The different letters (i.e., a–c) above the bars indicate significant differences among SPM concentrations (one-way ANOVA, p \leq 0.05).



Fig.6. Model predicted % removal (+) or release (-) of TDP as a function of the SPM concentrations (S_{es}) at various values of K_d at low algal biomass (a) and high algal biomass (b). K_d and S_{es} values in the simulations are consistent with realistic changes in the Miju River and Lake Erhai. The values of the other parameters were the mean of realistic estimates.



Fig.7. Mechanism diagram of P buffering effect of SPM as a P-sink in rivers and P-source in lakes on P cycling and K_d during transport in the river-lake system.