# Breakfast at Therese’s Three-Minute Tavern

# Questionnaire booklet

**Participant number**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(*reminder*: Surname initial and dob)

# Breakfast at Therese’s Three-Minute Tavern

**Round 1**

**First name of person**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 2**

**First name of person**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 3**

**First name of person**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 4**

**First name of person**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 5**

**First name of person**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 6**

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 7**

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 8**

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please wait for further instructions.*

# Breakfast at Therese’s Three-Minute Tavern

**Round 9**

Please answer the following questions about the interaction you have just taken part in.

**How well do you know the person?**

Never met 1 2 3 4 5 6 7 Know

Before extremely well

**Were you …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

**Were they …**

Extremely 1 2 3 4 5 6 7 Extremely

nervous relaxed

Effective 1 2 3 4 5 6 7 Ineffective

communicator communicator

Extremely 1 2 3 4 5 6 7 Extremely

confident unconfident

Socially 1 2 3 4 5 6 7 Socially

unskilled skilled

Extremely 1 2 3 4 5 6 7 Extremely

like me different from me

**Would you …**

Like to talk 1 2 3 4 5 6 7 Don’t wish to

again talk again

How far do you agree with the following two statements:

**My interaction partner and I seemed to have a lot in common.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

**My interaction partner and I seemed to have similar personalities.**

Strongly 1 2 3 4 5 6 7 Strongly

disagree agree

To what extent do you feel …

**The interaction went smoothly.**

Not at all 1 2 3 4 5 6 7 Very much

**You truly got to know the other person.**

Not at all 1 2 3 4 5 6 7 Very much

*Please now continue with the questions on the following page.*

This questionnaire is designed to measure what you are thinking at this moment. There is, of course, no right answer for any statement. The best answer is what you feel is true of yourself at this moment. Be sure to answer all of the items, even if you are not certain of the best answer. Again, answer these questions as they are true for you RIGHT NOW.

Using the following scale, place a circle that indicates what is true for you at this moment:

**I feel confident about my abilities.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I am worried about whether I am regarded as a success or failure.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel satisfied with the way my body looks right now.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel frustrated or rattled about my performance.**

1 2 3 4 5

very much

extremely

not at all

somewhat

a little bit

**I feel that I am having trouble understanding things that I read.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I feel that others respect and admire me.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I am dissatisfied with my weight.**

1. 2 3 4 5

somewhat

a little bit

not at all

very much

extremely

**I feel self-conscious.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel as smart as others.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel displeased with myself.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel good about myself.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I am pleased with my appearance right now.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I am worried about what other people think of me.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel confident that I understand things.**

1 2 3 4 5

very much

extremely

not at all

somewhat

a little bit

**I feel inferior to others at this moment.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel unattractive.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I feel concerned about the impression I am making.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel that I have less scholastic ability right now than others.**

1 2 3 4 5

very much

extremely

not at all

somewhat

a little bit

**I feel like I’m not doing well.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I am worried about looking foolish.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

Please turn over.

Next, please refer to the *brief ‘reminder’ sheet* of whom you have interacted with. Please indicate your top three to the following questions. Write the name of the person in the space provided.

**Who was most similar to you?**

1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Who would you like to talk to again?**

1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Who would you prefer to avoid?**

1: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Brief reminder sheet**

**Finally, what do you think the purpose of today’s study was?**

**Did you do anything differently this morning to compensate for the fact that you couldn’t clean your teeth?**

**Did you like the toothpaste product?**

Yes No Not Applicable

Thank you for taking part.