# Breakfast at Therese’s Three-Minute Tavern

**Participant Information Sheet**

You are being invited to take part in a research project. Below is some information to help you decide whether or not to take part. Please take time to read the following information carefully and discuss it with the researcher if you wish. Please ask if there is anything that you do not understand or if you would like more information. Take time to decide whether or not you wish to take part. Thank you for reading this.

You are being invited to take part in a study that will focus on social interactions between strangers. The aim of the study is to identify what factors may account for improved social communication. As a participant you will be asked to talk with several other people who you have never met before. Please avoid signing up with friends.

In a short pre-experiment meeting, you will be asked to complete a short questionnaire about yourself, such as how you would rate yourself on a number of personal qualities. You will also be required to pose for a passport style photograph - this will be taken by the researcher. This pre-meeting will last no more than 10 minutes.

In the experiment you will be asked to engage in a series of short interactions with people. You can talk about whatever you like during these interactions and will not need to talk about anything that will make you uncomfortable. At the end of the tasks you will be asked to complete a short questionnaire about your experience. Overall, the study will last for approximately sixty minutes.

The study is using an opportunistic sample, hence why you have been asked to take part. Any information you provide will be treated with the strictest confidence and will be treated as anonymous. You can withdraw from the study at any point without having to provide an explanation. Your responses will be aggregated with other people’s responses and may be used in academic publications.

**Withdrawal**

You are free to withdraw at any point during the study without explanation. You may also withdraw your data from the study at any point without explanation for the next two weeks. Please let the experimenter know if you wish to withdraw. If you withdraw we will delete your data from our records.

**Reward**

You will be paid £15 for your participation. We will also provide breakfast at the end of the study.

**Additional Information**

No adverse effects are expected. However, if a problem arises please contact the study supervisor on p.j.taylor@lancaster.ac.uk. If you are unhappy or have a complaint which you feel you cannot come to us with then you should contact the Department’s Chair of Ethics ([g.westermann@lancaster.ac.uk](mailto:g.westermann@lancaster.ac.uk)) or the Head of Department ([c.lewis@lancaster.ac.uk](mailto:c.lewis@lancaster.ac.uk)), giving the name of this study.

**Thank you for taking the time to read this information**

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**INCI List**

Please read the ingredients listed below and alert the experimenter if you are allergic to any of them.

* Cationic Surfactant
* Benzisothiazolone
* Perfume
* Hexyl Cinnamal
* Butylphenyl Methylpropional
* Limonene
* Eugenol
* Citronellol,
* Benzisothiazolinone
* Benzyl Salicylate
* Coumarin
* Limonene
* Alpha-Isomethyl Ionone
* Geraniol
* Amyl Cinnamal
* Ethanoic acid
* Butanoic acid
* Pentanoic acid
* 3-Methyl butanoic acid
* Caproic acid
* 2-hydroxy-3-phenylpropanoic acid
* Trans-2-hexanoic acid
* 3-Methyl-2Hexanoic Acid
* Propane-1,2,diol
* 4,16,-Androstadien-3-one
* 5,α-Androst-16-en-3-ol
* 5,α- Androst-16-en-3-one
* 3-methyl-3-mercaptobutanol
* 3-mercaptohexanol
* Propane-1, 2, diol

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**Participant Consent Form**

I have received both a written and verbal explanation of:

* The purpose of the study
* The test procedure & activities required of me
* The ingredients contained in the products used in this study

A member of the research team has explained to me the purpose of the study and answered my questions satisfactorily. I understand that I am under no obligation to take part in this study and may withdraw at any time.

|  |  |
| --- | --- |
|  | Please tick box |
| 1. I have read and understood the instructions for this study, acknowledge that my behaviour will be recorded by the sociometers, and I have had the chance to ask questions. | □ |
| 2. I understand that I can stop taking part in this study at any time and, if I choose to do so, I do not have to explain why I am stopping. | □ |
| 3. I give permission for the data collected in this experiment to be used for the purposes of this research. | □ |
| 4. I confirm that: I am not pregnant, think that I am pregnant, or breast feeding; have no allergies (including food allergies); have no intercurrent infectious illness or any form of nasal congestion on the day of the study; do not suffer from hayfever, asthma or other respiratory complaints; and, do not have a history of sensitivity or known allergy to any ingredients listed in the study product ingredients detailed in the INCI list. | □ |

Participant name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Capitals)

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Researcher name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_

(Capitals)

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# Breakfast at Therese’s Three-Minute Tavern

Sociodemographic Information Sheet

|  |  |
| --- | --- |
| **Unique ID** |  |
| **Gender** | Male 🞎 Female 🞎 |
| **Age** |  |
| **Highest level of education obtained** | A-Level 🞎 BSc/BA 🞎 MSc/MA 🞎 PhD 🞎 |
| **Current profession**  (if student please indicate course level, e.g. PhD) |  |
| **Is English your first language?** | Yes 🞎 No 🞎 |
| **If no, how would you rate your comprehension and written use of English?** | Poor 🞎 Fair 🞎 Good 🞎 Very good 🞎 Excellent 🞎 |

There are twenty numbered blanks on the page below. Please write twenty answers to the simple question “*Who am I*?” in the blanks. Just give twenty different answers to this question. Answer as if you were giving the answers to yourself, not to somebody else. Write the answers in the order that they occur to you. Don’t worry about logic or “importance”. Go along fairly fast, for time is limited.

1. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
6. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
7. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
8. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
9. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
10. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
11. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
12. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
13. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
14. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
15. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
16. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
17. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
18. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
19. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
20. **I am**...\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

*Please turn over.*

This next questionnaire is designed to measure what you are thinking at this moment. There is, of course, no right answer for any statement. The best answer is what you feel is true of yourself at this moment. Be sure to answer all of the items, even if you are not certain of the best answer. Again, answer these questions as they are true for you RIGHT NOW.

Using the following scale, place a circle that indicates what is true for you at this moment:

**I feel confident about my abilities.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I am worried about whether I am regarded as a success or failure.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel satisfied with the way my body looks right now.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel frustrated or rattled about my performance.**

1 2 3 4 5

very much

extremely

not at all

somewhat

a little bit

**I feel that I am having trouble understanding things that I read.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I feel that others respect and admire me.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I am dissatisfied with my weight.**

1. 2 3 4 5

not at all

very much

extremely

somewhat

a little bit

**I feel self-conscious.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel as smart as others.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel displeased with myself.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel good about myself.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I am pleased with my appearance right now.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I am worried about what other people think of me.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

**I feel confident that I understand things.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel inferior to others at this moment.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel unattractive.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I feel concerned about the impression I am making.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I feel that I have less scholastic ability right now than others.**

1 2 3 4 5

very much

extremely

somewhat

not at all

a little bit

**I feel like I’m not doing well.**

1 2 3 4 5

very much

extremely

a little bit

not at all

somewhat

**I am worried about looking foolish.**

1 2 3 4 5

very much

extremely

somewhat

a little bit

not at all

Please turn over.

Finally, please indicate your agreement with each statement below.

**In social situations, I have the ability to alter my behavior if I feel that something else is called for.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I am often able to read people’s true emotions correctly through their eyes.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I have the ability to control the way I come across to people, depending on the impression I wish to give them.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**In conversations, I am sensitive to even the slightest change in the facial expression of the person I’m conversing with.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**My powers of intuition are quite good when it comes to understanding others’ emotions and motives.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I can usually tell when others consider a joke to be in bad taste, even though they may laugh convincingly.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**When I feel that the image I am portraying isn’t working, I can readily change it to something that does.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I can usually tell when I’ve said something inappropriate by reading it in the listener’s eyes.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I have trouble changing my behavior to meet the requirements of any situation I find myself in.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**I have found that I can adjust my behavior to meet the requirements of any situation I find myself in.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**If someone is lying to me, I usually know it at once from that person’s manner of expression.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**Even when it might be to my advantage, I have difficulty putting up a good front.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

**Once I know what the situation calls for, it’s easy for me to regulate my actions accordingly.**

Strongly 0 1 2 3 4 5 Strongly

disagree agree

*End of questionnaire.*