**Research project about emotional support by video call in palliative care**

**COLLAGE MAKING INSTRUCTIONS**

**Step 1 UNPACK YOUR BOX**

There are:

* Two sheets of card
* Letters and stickers
* A variety of pictures
* Patterned paper
* Glue stick
* Pen
* Pencil
* Stamped return envelope

**Step 2 MAKE A COLLAGE PICTURE ABOUT YOUR EXPERIENCE OF USING VIDEO CALLS FOR EMOTIONAL SUPPORT**

* The card can be kept folded or unfolded to make a larger collage
* to cut out pictures and paper use scissors or tear
* You don’t have to use all the pictures or stickers, and you can add your own too
* Stick your selected pieces to the card
* Draw and write on the collage picture if you want

**Step 3 GIVE YOUR COLLAGE A TITLE WHEN FINISHED AND POST IT TO THE RESEARCHER**

* Think of a title for your finished collage and write this on the back of the card.
* Put your collage in the envelope provided and post back
* If you don’t want to share your collage picture you can write your title on a plain sheet and post that back
* Please keep the glue stick, pen, and pencil

**I really appreciate you taking the time to participate in my research project.**

**Thank you!**

**Michèle Wood**

Scan this QR code for a video version of these instructions

